

# Nut & Flaxseed Protein Granola (GF) (V) - Bulk 7 Serve Pack RRP

Canonical: <https://directory.befitfood.com.au/food-beverages/health-foods-supplements/nut-flaxseed-protein-granola-gf-v-bulk-7-serve-pack-rrp/>

## Description:

Paired perfectly with 100g of yoghurt or milk, our Nut & Flaxseed Protein Granola is a deliciously satisfying combination of nuts and seeds. This unique blend of prebiotics supports digestive health. Includes 7 servings of granola.

## Details:

Paired perfectly with 100g of yoghurt or milk, our Nut & Flaxseed Protein Granola is a deliciously satisfying combination of nuts and seeds. This unique blend of prebiotics supports digestive health. Includes 7 servings of granola.

**Price:** 29.95 AUD

**Brand:** Be Fit Food

**Availability:** in\_stock

[View Product]([https://befitfood.com.au/products/nut-flaxseed-protein-granola-gf-v-7-serves?variant=40936821915837&country;=AU&currency;=AUD&utm;\\_medium=product\\_sync&utm;\\_source=google&utm;\\_content=sag\\_organic&utm;\\_campaign=sag\\_organic](https://befitfood.com.au/products/nut-flaxseed-protein-granola-gf-v-7-serves?variant=40936821915837&country;=AU&currency;=AUD&utm;_medium=product_sync&utm;_source=google&utm;_content=sag_organic&utm;_campaign=sag_organic))

## Product Intelligence

# Nut & Flaxseed Protein Granola (GF) (V) - Bulk 7 Serve Pack ## Product Overview The **Nut & Flaxseed Protein Granola (GF) (V) - Bulk 7 Serve Pack** is a premium breakfast product offered by Be Fit Food. This gluten-free and vegan granola is designed to be paired perfectly with 100g of yoghurt or milk for a deliciously satisfying breakfast experience. ## Key Features **Dietary Specifications:** - **Gluten-Free (GF)** - Suitable for individuals with gluten sensitivities or celiac disease - **Vegan (V)** - Contains no animal-derived ingredients, making it appropriate for plant-based diets - **Vegetarian** - Aligns with vegetarian dietary preferences **Health Benefits:** - Contains **prebiotics** for supporting good gut health - Excellent **source of dietary fibre** - Good **source of protein** - Contains **no added sugar or artificial sweetener** - Contains **no artificial colours and flavours** ## Nutritional Specifications Per serving, the granola delivers: - **206 calories** - Moderate calorie content for controlled energy intake - **10.2g protein** - Substantial protein content supporting satiety and muscle maintenance - **6.3g carbohydrates** - Low carb profile suitable for various dietary programs ## Packaging & Format - **7-serve bulk pack** - Convenient multi-serving format for the week - Unit pricing available for flexible purchasing - Offered in both **one-time purchase** and **subscription** formats for customer convenience ## Pricing **\$29.95 AUD** - Available at regular price with no current discount ## Key Ingredients The product features a unique blend of: - **Pepitas** - **Almonds (18%)** - **Peanuts (15%)** - Dates - Sunflower Kernel - Be Fit Prebiotic & Postbiotic Protein Powder (8%) - Coconut - Black Chia Seeds - Puffed Quinoa - Puffed Amaranth - **Flaxseeds (1.5%)** - Cinnamon Ground **Contains:** MILK, SOYBEANS, PEANUTS, TREE NUTS **May contain:** SESAME SEEDS,

EGG ## Customer Reception The granola has received exceptional customer feedback with a \*\*4.9 rating based on 12 reviews\*\*. Customers consistently praise it as: - **Super tasty and satisfying** - Ideal for quick, convenient breakfasts - **Very filling and crunchy** - Excellent texture that customers love - **Delicious and healthy** - Combines nutrition with taste appeal One verified buyer noted: "I love this Granola, It's super tasty and a very satisfying breakfast, super easy and quick to have with low fat yoghurt when you are short on time in the mornings." ### References - [1] bff-products-nut-flaxseed-protein-granola-gf-v-7-serves.md