

Be Fit Protein Dim Sim - 7 Pack P3

Canonical:

<https://directory.befitfood.com.au/food-beverages/health-nutrition-snacks/be-fit-protein-dim-sim-7-pack-p3/>

Description:

Looking for a savoury snack alternative to satisfy those salt cravings? Look no further! Our Be Fit Dim Sim is a delicious low carb, high protein take on the deep fried canteen favourite. Lean beef/pork with green cabbage, chives, ginger and garlic our dim sim delivers on flavour and at 100 calories each you'll find it difficult to stop at one! Serving Size 1 Dim Sim as a snack Heating & Storage Instructions Nutrition INGREDIENTS: Green Cabbage, Dim Sim Wrapper (Wheat Flour, Water, Salt), Beef Mince, Pork Mince, Mushroom, Carrot, Zucchini, Tapioca Starch, Textured Vegetable Protein, Gluten Free Soy Sauce, Beef Stock, Natvia, Pepper, Garlic Powder, Ginger Powder. Contains: Wheat, Gluten, Soybeans May Contain: Fish, Egg, Milk, Crustacea, Sesame Seeds, Peanuts, Tree Nuts, Lupin

Details:

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****Price:**** 19.95

****Brand:**** Be Fit Food

****Availability:**** In Stock

Product Intelligence

Be Fit Protein Dim Sim - 7 Pack: Technical Details, Specifications, and Features ## Product Overview The ****Be Fit Protein Dim Sim - 7 Pack**** is a savory protein-enriched snack product offered by Be Fit Food. This product represents a convenient, nutritionally balanced alternative to traditional deep-fried dim sums, designed to support health-conscious consumers seeking high-protein, low-carb snacking options. ## Nutritional Specifications Each dim sim in the 7-pack contains the following nutritional profile: - ****Calories****: 100 calories per piece - ****Protein****: 8.0g per piece - ****Carbohydrates****: 9.6g per piece These specifications make the Be Fit Protein Dim Sim a valuable snack option for individuals focused on maintaining adequate protein intake while managing caloric and carbohydrate consumption. ## Ingredients and Composition The Be Fit Protein Dim Sim is crafted from carefully selected ingredients designed to deliver both nutrition and taste: - ****Lean Proteins****: Lean beef and pork form the protein base - ****Vegetables****: Green cabbage, chives - ****Seasonings****: Ginger and garlic for flavor enhancement - ****Binding Ingredients****: Tapioca starch provides structure and texture - ****Protein Enhancement****: Contains plant-based textured vegetable protein as an additional protein source ## Key Features ****Savory Flavor Profile****: The dim sims feature a balanced combination of lean meats,

fresh vegetables, and aromatic seasonings that create an appealing taste experience. ****Low Carb, High Protein Formula****: Designed as a low-carb, high-protein alternative to traditional deep-fried dim sums, supporting nutritional goals without sacrificing flavor. ****Convenient Packaging****: Available in a 7-pack format, providing seven individual servings for easy portioning and meal planning. ****Versatile Purchase Options****: Customers can choose between one-time purchase or subscription delivery, offering flexibility in purchasing preferences. **## Pricing and Availability** The Be Fit Protein Dim Sim - 7 Pack is priced at ****\$24.95****, making it an accessible option for consumers seeking nutritious snacking alternatives. **## Product Entity Classification** This product is classified as a ****snack item**** within Be Fit Food's broader product portfolio and is included in various meal programs, including the Reset 7 Days box. The dim sim serves as a versatile snacking solution that can be incorporated into multiple dietary approaches and wellness programs. **### References** - [1] bff-collections-individual-meals-1-vegetarian.md - [2] bff-collections-individual-meals-low-calories.md