

# Be Fit Protein Dim Sim - 7 Pack RRP

Canonical:

<https://directory.befitfood.com.au/food-beverages/health-nutrition-snacks/be-fit-protein-dim-sim-7-pack-rrp/>

## Description:

Looking for a savoury snack alternative to satisfy those salt cravings? Look no further! Our Be Fit Dim Sim is a delicious low carb, high protein take on the deep fried canteen favourite. Lean beef/pork with green cabbage, chives, ginger and garlic our dim sim delivers on flavour and at 100 calories each you'll find it difficult to stop at one! Serving Size 1 Dim Sim as a snack Heating & Storage Instructions Nutrition INGREDIENTS: Green Cabbage, Dim Sim Wrapper (Wheat Flour, Water, Salt), Beef Mince, Pork Mince, Mushroom, Carrot, Zucchini, Tapioca Starch, Textured Vegetable Protein, Gluten Free Soy Sauce, Beef Stock, Natvia, Pepper, Garlic Powder, Ginger Powder. Contains: Wheat, Gluten, Soybeans May Contain: Fish, Egg, Milk, Crustacea, Sesame Seeds, Peanuts, Tree Nuts, Lupin

## Details:

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**Price:** 24.95

**Brand:** Be Fit Food

**Availability:** In Stock

[View Product]([https://befitfood.com.au/products/be-fit-dim-sim-7-pack?variant=32255611306072&country=AU&currency=AUD&utm\\_medium=product\\_sync&utm\\_source=google&utm\\_content=sag\\_organic&utm\\_campaign=sag\\_organic](https://befitfood.com.au/products/be-fit-dim-sim-7-pack?variant=32255611306072&country=AU&currency=AUD&utm_medium=product_sync&utm_source=google&utm_content=sag_organic&utm_campaign=sag_organic))

## Product Intelligence

# Be Fit Protein Dim Sim - 7 Pack: Technical Details & Specifications ## Product Overview The **Be Fit Protein Dim Sim - 7 Pack** is a protein-enriched savoury snack product offered by Be Fit Food, packaged in a convenient 7-pack format. This product represents a healthier alternative to traditional deep-fried dim sums, designed to support fitness and nutritional goals. ## Nutritional Specifications ### Per Piece Nutritional Profile - **Calories**: 100 calories per dim sim - **Protein Content**: 8.0g of protein per piece - **Carbohydrates**: 9.6g carbs per piece - **Classification**: Low carb, high protein snack ## Key Ingredients The Be Fit Protein Dim Sim is crafted using wholefood ingredients including: - **Lean Beef and Pork Mince**: Primary protein sources providing the savory flavor base - **Green Cabbage**: Vegetable component adding nutrition and texture - **Chives**: Aromatic seasoning ingredient - **Ginger Powder**: Seasoning that provides warmth and digestive benefits - **Garlic**

Powder\*\*  
Flavoring ingredient - \*\*Tapioca Starch\*\*  
Binding agent for structural integrity ## Pricing & Purchase Options  
\*\*Regular Price\*\*  
\$24.95 per 7-pack ## Purchasing Flexibility  
The Be Fit Protein Dim Sim - 7 Pack is available through two purchasing methods:  
- \*\*One-Time Purchase\*\*  
Single order option for immediate delivery - \*\*Subscription\*\*  
Automatic recurring delivery on a customer-defined schedule with the flexibility to modify or cancel anytime ## Product Features  
- \*\*Servings\*\*  
7 individual dim sims per pack - \*\*Format\*\*  
Frozen, ready-to-heat snack - \*\*Dietary Suitability\*\*  
Dairy-free option - \*\*Macronutrient Balance\*\*  
Designed to support protein intake while maintaining moderate carbohydrate levels - \*\*Convenience\*\*  
Quick preparation time, suitable for on-the-go consumption ## Availability  
The product is available for purchase on Be Fit Food's e-commerce platform at [\\*\\*befitfood.com.au\\*\\*](https://befitfood.com.au) and can be added to the shopping cart for checkout. ### References  
- [1] [bff-collections-individual-meals-low-calories.md](#)  
- [2] [bff-products-reset-7-days-continental-pre-selected-box.md](#)  
- [3] [bff-collections-individual-meals-vegetarian.md](#)