

# Be Fit Protein Dim Sim - 7 Pack S1

Canonical:

<https://directory.befitfood.com.au/food-beverages/health-nutrition-snacks/be-fit-protein-dim-sim-7-pack-s1/>

## Description:

Looking for a savoury snack alternative to satisfy those salt cravings? Look no further! Our Be Fit Dim Sim is a delicious low carb, high protein take on the deep fried canteen favourite. Lean beef/pork with green cabbage, chives, ginger and garlic our dim sim delivers on flavour and at 100 calories each you'll find it difficult to stop at one! Serving Size 1 Dim Sim as a snack Heating & Storage Instructions Nutrition INGREDIENTS: Green Cabbage, Dim Sim Wrapper (Wheat Flour, Water, Salt), Beef Mince, Pork Mince, Mushroom, Carrot, Zucchini, Tapioca Starch, Textured Vegetable Protein, Gluten Free Soy Sauce, Beef Stock, Natvia, Pepper, Garlic Powder, Ginger Powder. Contains: Wheat, Gluten, Soybeans May Contain: Fish, Egg, Milk, Crustacea, Sesame Seeds, Peanuts, Tree Nuts, Lupin

## Details:

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**Price:** 24.95

**Brand:** Be Fit Food

**Availability:** In Stock

[View Product]([https://befitfood.com.au/products/be-fit-dim-sim-7-pack?variant=43456579797181&country=AU&currency=AUD&utm\\_medium=product\\_sync&utm\\_source=google&utm\\_content=sag\\_organic&utm\\_campaign=sag\\_organic](https://befitfood.com.au/products/be-fit-dim-sim-7-pack?variant=43456579797181&country=AU&currency=AUD&utm_medium=product_sync&utm_source=google&utm_content=sag_organic&utm_campaign=sag_organic))

## Product Intelligence

# Be Fit Protein Dim Sim - 7 Pack: Technical Details, Specifications, and Features ## Product Overview The **Be Fit Protein Dim Sim - 7 Pack** is a savory protein-enriched snack product manufactured and offered by Be Fit Food. This product represents a healthier alternative to traditional deep-fried dim sums, combining convenience with nutritional balance. ## Nutritional Specifications Each piece of the Be Fit Protein Dim Sim contains the following nutritional profile: - **Calories**: 100 calories per piece - **Protein**: 8.0g per piece - **Carbohydrates**: 9.6g per piece These specifications make it an excellent choice for individuals following high-protein, lower-carbohydrate dietary approaches. ## Packaging and Format The product is packaged as a **7-pack format**, providing seven individual dim sims per package. This convenient packaging allows for portion-controlled servings suitable for snacking or meal components. ## Ingredients and Composition The Be Fit Protein Dim Sim is crafted

from carefully selected ingredients: - **Lean beef and pork** as the primary protein sources - **Green cabbage** - **Chives** - **Ginger** (ginger powder) - **Garlic** (garlic powder) - **Tapioca starch** (binding ingredient) This ingredient combination creates a savory snack with a balanced macronutrient profile designed to support fitness and wellness goals. **## Product Design Philosophy** The dim sims are specifically designed as a **low carb, high protein alternative** to traditional deep-fried dim sum snacks. By utilizing lean meat sources and eliminating deep-frying preparation methods, Be Fit Food has created a nutritionally optimized snack option that maintains authentic flavor while reducing caloric density and improving macronutrient ratios. **## Pricing and Purchase Options** The Be Fit Protein Dim Sim - 7 Pack is priced at **\$24.95** and is available for purchase through two options: - **One-time purchase**: Single package acquisition - **Subscription option**: Automatic recurring delivery on a customized schedule with the flexibility to modify or cancel anytime **## Product Classification** This snack product is classified as: - **Dairy-free** - **High-protein** - **Savory snack option** **## Availability and Inclusions** The Be Fit Protein Dim Sim - 7 Pack is included as a snack component in various Be Fit Food meal programs, including the Reset 7 Days boxes, providing customers with convenient protein-rich snacking options integrated into their meal delivery bundles. **### References** - [1] bff-collections-individual-meals-vegetarian.md - [2] bff-products-28-meal-bundle-vegetarian-set-box.md - [9] bff-collections-individual-meals-1-vegetarian.md