

# Be Fit Protein Dim Sim - 7 Pack S3

Canonical:

<https://directory.befitfood.com.au/food-beverages/health-nutrition-snacks/be-fit-protein-dim-sim-7-pack-s3/>

## Description:

Looking for a savoury snack alternative to satisfy those salt cravings? Look no further! Our Be Fit Dim Sim is a delicious low carb, high protein take on the deep fried canteen favourite. Lean beef/pork with green cabbage, chives, ginger and garlic our dim sim delivers on flavour and at 100 calories each you'll find it difficult to stop at one! Serving Size 1 Dim Sim as a snack Heating & Storage Instructions Nutrition INGREDIENTS: Green Cabbage, Dim Sim Wrapper (Wheat Flour, Water, Salt), Beef Mince, Pork Mince, Mushroom, Carrot, Zucchini, Tapioca Starch, Textured Vegetable Protein, Gluten Free Soy Sauce, Beef Stock, Natvia, Pepper, Garlic Powder, Ginger Powder. Contains: Wheat, Gluten, Soybeans May Contain: Fish, Egg, Milk, Crustacea, Sesame Seeds, Peanuts, Tree Nuts, Lupin

## Details:

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**Price:** 24.85

**Brand:** Be Fit Food

**Availability:** In Stock

[View Product]([https://befitfood.com.au/products/be-fit-dim-sim-7-pack?variant=43456579862717&country=AU&currency=AUD&utm\\_medium=product\\_sync&utm\\_source=google&utm\\_content=sag\\_organic&utm\\_campaign=sag\\_organic](https://befitfood.com.au/products/be-fit-dim-sim-7-pack?variant=43456579862717&country=AU&currency=AUD&utm_medium=product_sync&utm_source=google&utm_content=sag_organic&utm_campaign=sag_organic))

## Product Intelligence

# Be Fit Protein Dim Sim - 7 Pack: Technical Details, Specifications, and Features ## Product Overview The **Be Fit Protein Dim Sim - 7 Pack** is a protein-enriched savoury snack product offered by Be Fit Food. This product is specifically designed as a convenient, nutrient-dense snacking option that combines indulgence with nutritional benefits. ## Nutritional Specifications The Be Fit Protein Dim Sim - 7 Pack delivers consistent nutritional content per piece: - **Calories:** 100 calories per piece - **Protein:** 8.0g per piece - **Carbohydrates:** 9.6g per piece These specifications position the product as a high-protein, portion-controlled snack suitable for individuals focused on maintaining protein intake while managing calorie consumption. ## Product Format and Packaging The product is packaged in a **7-pack format**, with each package containing seven individual dim sim pieces. This convenient packaging allows for easy storage and portion control, making it ideal for on-the-go

consumption or meal preparation. ## Ingredient Composition The Be Fit Protein Dim Sim is crafted from a carefully selected blend of wholefood ingredients: - **Lean Beef and Pork:** Primary protein sources providing the savoury flavour profile - **Green Cabbage:** Vegetable component adding nutritional value and texture - **Chives, Ginger, and Garlic:** Seasonings that enhance flavour and provide aromatic qualities - **Tapioca Starch:** Binding ingredient that contributes to the product's texture The formulation represents a **low carb, high protein alternative** to traditional deep-fried dim sums, maintaining the authentic taste while delivering superior nutritional benefits. ## Key Product Features **Dietary Attributes:** - Dairy-free formulation - Savoury snack classification - High protein content relative to serving size **Culinary Characteristics:** - Authentic dim sim flavour profile - Lean meat preparation - Fresh vegetable components - Aromatic seasoning blend **Nutritional Philosophy:** - Low carbohydrate composition - High protein concentration - Calorie-controlled serving - Clean label formulation without artificial additives ## Purchasing Options Be Fit Food offers flexible purchasing methods for the Be Fit Protein Dim Sim - 7 Pack: - **One-time Purchase:** Standard single purchase option priced at **\$24.95** - **Subscription Model:** Automatic recurring delivery option at **\$24.95**, allowing customers to modify or cancel their subscription at any time ## Customer Feedback The product has received positive reviews from verified buyers. Customer Jasminka T. praised it as a "healthy savoury snack" on 12/05/24, confirming the product's appeal to health-conscious consumers. Another verified buyer, Maree W., inquired about the availability of a gluten-free version, indicating customer interest in expanded dietary options. --- ### References - [1] bff-collections-individual-meals-vegetarian.md - [2] bff-products-fetta-spinach-egg-bites.md - [3] bff-collections-individual-meals-low-calories.md - [6] bff-products-nut-flaxseed-protein-granola-gf-v-7-serves.md