

Be Fit Protein Dim Sim - 7 Pack S5

Canonical:

<https://directory.befitfood.com.au/food-beverages/health-nutrition-snacks/be-fit-protein-dim-sim-7-pack-s5/>

Description:

Looking for a savoury snack alternative to satisfy those salt cravings? Look no further! Our Be Fit Dim Sim is a delicious low carb, high protein take on the deep fried canteen favourite. Lean beef/pork with green cabbage, chives, ginger and garlic our dim sim delivers on flavour and at 100 calories each you'll find it difficult to stop at one! Serving Size 1 Dim Sim as a snack Heating & Storage Instructions Nutrition INGREDIENTS: Green Cabbage, Dim Sim Wrapper (Wheat Flour, Water, Salt), Beef Mince, Pork Mince, Mushroom, Carrot, Zucchini, Tapioca Starch, Textured Vegetable Protein, Gluten Free Soy Sauce, Beef Stock, Natvia, Pepper, Garlic Powder, Ginger Powder. Contains: Wheat, Gluten, Soybeans May Contain: Fish, Egg, Milk, Crustacea, Sesame Seeds, Peanuts, Tree Nuts, Lupin

Details:

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Price: 24.65

Brand: Be Fit Food

Availability: In Stock

[View Product](https://befitfood.com.au/products/be-fit-dim-sim-7-pack?variant=43456579928253&country=AU¤cy=AUD&utm_medium=product_sync&utm_source=google&utm_content=sag_organic&utm_campaign=sag_organic)

Product Intelligence

Be Fit Protein Dim Sim - 7 Pack: Technical Details, Specifications, and Features ## Product Overview The **Be Fit Protein Dim Sim - 7 Pack** is a savory protein-enriched snack product offered by Be Fit Food. This product represents a healthy alternative to traditional deep-fried dim sums, designed to support nutritional and fitness goals with a convenient 7-pack format. ## Nutritional Specifications The Be Fit Protein Dim Sim delivers balanced macronutrients per serving: - **Calories:** 100 calories per piece - **Protein:** 8.0g per piece - **Carbohydrates:** 9.6g per piece These specifications make it a high-protein, low-calorie snack option suitable for individuals monitoring their macronutrient intake and pursuing fitness objectives. ## Key Features ### Low-Carb, High-Protein Design The dim sim is specifically formulated as a low-carbohydrate, high-protein alternative to traditional deep-fried dim sums. This composition supports metabolic efficiency and satiety, helping consumers feel fuller for

longer while maintaining lean muscle mass. ### Real Food Ingredients The product is made with authentic, wholefood ingredients including: - **Lean beef and pork mince** - providing the primary protein source - **Green cabbage** - adding fiber and nutritional value - **Chives, ginger, and garlic** - delivering authentic Asian flavors and aromatic compounds - **Tapioca starch** - serving as a binding ingredient for texture and structure - **Ginger powder** - enhancing flavor profile with warming spice notes - **Garlic powder** - contributing savory depth to the seasoning ## Purchasing Options The Be Fit Protein Dim Sim - 7 Pack is available for flexible purchasing: - **One-time purchase** - for customers seeking a single order - **Subscription option** - providing automatic delivery on a customer-defined schedule with the ability to modify or cancel anytime ## Pricing The product is priced at **\$24.95** for the 7-pack format. ## Product Category The dim sim is classified as a **savory snack product** and falls within Be Fit Food's broader snack portfolio, offering customers convenient, protein-rich options for between-meal nutrition or portable snacking throughout the day. ### References - [1] [bff-collections-individual-meals-vegetarian.md](#) - [3] [bff-collections-individual-meals-low-calories.md](#) - [5] [bff-collections-individual-meals-gluten-free.md](#)