

Be Fit Protein Dim Sim - 7 Pack S8

Canonical:

<https://directory.befitfood.com.au/food-beverages/health-nutrition-snacks/be-fit-protein-dim-sim-7-pack-s8/>

Description:

Looking for a savoury snack alternative to satisfy those salt cravings? Look no further! Our Be Fit Dim Sim is a delicious low carb, high protein take on the deep fried canteen favourite. Lean beef/pork with green cabbage, chives, ginger and garlic our dim sim delivers on flavour and at 100 calories each you'll find it difficult to stop at one! Serving Size 1 Dim Sim as a snack Heating & Storage Instructions Nutrition INGREDIENTS: Green Cabbage, Dim Sim Wrapper (Wheat Flour, Water, Salt), Beef Mince, Pork Mince, Mushroom, Carrot, Zucchini, Tapioca Starch, Textured Vegetable Protein, Gluten Free Soy Sauce, Beef Stock, Natvia, Pepper, Garlic Powder, Ginger Powder. Contains: Wheat, Gluten, Soybeans May Contain: Fish, Egg, Milk, Crustacea, Sesame Seeds, Peanuts, Tree Nuts, Lupin

Details:

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Price: 19.99

Brand: Be Fit Food

Availability: In Stock

[View Product](https://befitfood.com.au/products/be-fit-dim-sim-7-pack?variant=43651609821373&country=AU¤cy=AUD&utm_medium=product_sync&utm_source=google&utm_content=sag_organic&utm_campaign=sag_organic)

Product Intelligence

Be Fit Protein Dim Sim - 7 Pack: Technical Details, Specifications, and Features ## Product Overview The **Be Fit Protein Dim Sim - 7 Pack** is a savoury protein-enriched snack product offered by Be Fit Food. This product represents a modern, health-conscious alternative to traditional deep-fried dim sums, designed to support fitness and nutritional goals. ## Nutritional Specifications Each piece of the Be Fit Protein Dim Sim contains the following nutritional profile: - **Calories**: 100 calories per piece - **Protein**: 8.0g per piece - **Carbohydrates**: 9.6g per piece These specifications make the product suitable for low-carb, high-protein dietary approaches and align with Be Fit Food's emphasis on protein-rich nutrition. ## Product Format and Packaging The product is packaged as a **7-pack**, with each package containing seven individual dim sim pieces. This format provides convenient portion control and is designed for easy storage and preparation. ## Key Features ### Ingredient Composition

The Be Fit Protein Dim Sim is formulated with carefully selected ingredients including: - **Lean beef and pork** as primary protein sources - **Green cabbage** for fibre and nutrients - **Chives** for flavour - **Ginger powder** as a seasoning ingredient - **Garlic powder** for added taste - **Tapioca starch** as a binding ingredient **### Dietary Attributes** - **Low carbohydrate** content (9.6g per piece) - **High protein** density (8.0g per piece) - **Savoury flavour profile** **## Purchasing Options** Be Fit Food offers the Be Fit Protein Dim Sim - 7 Pack through two purchasing methods: 1. **One-time purchase** at \$24.95 2. **Subscription option** with the ability to modify or cancel anytime **## Product Inclusion** The Be Fit Protein Dim Sim - 7 Pack is included as a snack component in Be Fit Food's Reset program boxes, specifically featuring in the Reset 7 Days pre-selected meal collections, where it serves as a convenient, protein-rich snack option for customers following structured meal plans. **###**

References - [1] bff-collections-individual-meals-1-vegetarian.md - [7] bff-products-reset-7-days-vegetarian-pre-selected-box.md