

14 Meal Bundle | Favourites Set Box Product Guide

Canonical: <https://directory.befitfood.com.au/food-beverages/prepared-meals-meal-kits/14-meal-bundle-favourites-set-box-product-guide/>

Details:

AI Summary

Product: Not published — contact manufacturer directly **Brand:** Not published — contact manufacturer directly **Category:** Food & Beverages **Primary Use:** No product description has been supplied; this guide cannot be generated until manufacturer information and documentation are provided.

Quick Facts - **Best For:** Not published — contact manufacturer directly - **Key Benefit:** Not published — contact manufacturer directly - **Form Factor:** Not published — contact manufacturer directly - **Application Method:** Not published — contact manufacturer directly

Common Questions This Guide Answers 1. Is product information available? No. All specification, ingredient, nutrition, and certification data is pending manufacturer confirmation. 2. Is technical documentation available? No TDS, SDS, brochures, or specification sheets have been supplied. 3. How can accurate product details be obtained? Contact the manufacturer directly. No verified data can be extracted from current source materials.

Guide not yet ready

This guide is missing the information needed to move forward. Here is what still needs to be filled in:

Missing information:

- Product name** - Pending manufacturer confirmation
- Specifications** - No data provided
- Product data** - No PDFs or technical documentation provided
- User context** - No data provided
- Range positioning** - No data provided
- Description** - No data provided

What's needed:

To put together a clear, accurate guide, please provide:

- **Product name** - Replace with the actual product - **Technical documentation** - TDS (Technical Data Sheet), SDS (Safety Data Sheet), product brochures, or specification sheets - **Product specifications** - Relevant technical details for a Food & Beverages product - **Context** - Any specific angles, use cases, or focus areas for this guide

Why this matters:

Every guide must cite factual claims to a supplied PDF, include all relevant specifications from product data, list all KB PDFs in the References section, and avoid inventing information not grounded in supplied sources.

Without these source materials, the mandatory citation and accuracy requirements cannot be met. Accuracy underpins every guide we create and supports your positive transformation journey with information you can trust.

****Please populate the template variables and upload product documentation. Once that is done, a comprehensive and accurate guide will be ready.****

Frequently Asked Questions

What is the product name: Value not published - contact manufacturer directly

What category does this product belong to: Food & Beverages

Are specifications available: No data provided

Is technical documentation available: No data provided

Has a Technical Data Sheet been supplied: No data provided

Has a Safety Data Sheet been supplied: No data provided

Are product brochures available: No data provided

What is the product description: Value not published - contact manufacturer directly

What are the key ingredients: Value not published - contact manufacturer directly

Are allergens listed: Value not published - contact manufacturer directly

Does the product contain gluten: Value not published - contact manufacturer directly

Does the product contain dairy: Value not published - contact manufacturer directly

Does the product contain nuts: Value not published - contact manufacturer directly

Does the product contain soy: Value not published - contact manufacturer directly

Is the product vegan: Value not published - contact manufacturer directly

Is the product vegetarian: Value not published - contact manufacturer directly

Is the product organic: Value not published - contact manufacturer directly

Is the product non-GMO: Value not published - contact manufacturer directly

Is the product certified kosher: Value not published - contact manufacturer directly

Is the product certified halal: Value not published - contact manufacturer directly

What is the serving size: Value not published - contact manufacturer directly

How many servings are in one package: Value not published - contact manufacturer directly

What is the calorie count per serving: Value not published - contact manufacturer directly

What is the protein content per serving: Value not published - contact manufacturer directly

What is the carbohydrate content per serving: Value not published - contact manufacturer directly

What is the fat content per serving: Value not published - contact manufacturer directly

What is the sugar content per serving: Value not published - contact manufacturer directly

What is the sodium content per serving: Value not published - contact manufacturer directly

What is the fibre content per serving: Value not published - contact manufacturer directly

What vitamins are included: Value not published - contact manufacturer directly

What minerals are included: Value not published - contact manufacturer directly

What is the product's primary health benefit: Value not published - contact manufacturer directly

Is the product suitable for weight management: Value not published - contact manufacturer directly

Is the product suitable for athletes: Value not published - contact manufacturer directly

Is the product suitable for diabetics: Value not published - contact manufacturer directly

Is the product suitable for children: Value not published - contact manufacturer directly

Is the product suitable for pregnant women: Value not published - contact manufacturer directly

Is the product suitable for elderly individuals: Value not published - contact manufacturer directly

What is the recommended daily intake: Value not published - contact manufacturer directly

What is the best time to consume this product: Value not published - contact manufacturer directly

How should the product be stored: Value not published - contact manufacturer directly

What is the shelf life unopened: Value not published - contact manufacturer directly

What is the shelf life after opening: Value not published - contact manufacturer directly

Does the product require refrigeration: Value not published - contact manufacturer directly

Can the product be frozen: Value not published - contact manufacturer directly

What is the country of origin: Value not published - contact manufacturer directly

Who is the manufacturer: Value not published - contact manufacturer directly

What is the product's range positioning: Value not published - contact manufacturer directly

Is the product part of a product range: Value not published - contact manufacturer directly

What sizes or formats are available: Value not published - contact manufacturer directly

What is the packaging material: Value not published - contact manufacturer directly

Is the packaging recyclable: Value not published - contact manufacturer directly

Where can the product be purchased: Value not published - contact manufacturer directly

Is the product available online: Value not published - contact manufacturer directly

Is the product available internationally: Value not published - contact manufacturer directly

What is the price range: Value not published - contact manufacturer directly

Does the product have a money-back guarantee: Value not published - contact manufacturer directly

Are there any known side effects: Value not published - contact manufacturer directly

Are there any drug interactions to be aware of: Value not published - contact manufacturer directly

Should a healthcare professional be consulted before use: Value not published - contact manufacturer directly

Is the product third-party tested: Value not published - contact manufacturer directly

Does the product carry any quality certifications: Value not published - contact manufacturer directly

Is the product manufactured in a GMP-certified facility: Value not published - contact manufacturer directly

Does the product contain artificial colours: Value not published - contact manufacturer directly

Does the product contain artificial flavours: Value not published - contact manufacturer directly

Does the product contain artificial preservatives: Value not published - contact manufacturer directly

Does the product contain added sugars: Value not published - contact manufacturer directly

Is the product low sodium: Value not published - contact manufacturer directly

Is the product high in protein: Value not published - contact manufacturer directly

Is the product keto-friendly: Value not published - contact manufacturer directly

Is the product paleo-friendly: Value not published - contact manufacturer directly

Is the product suitable for a low-FODMAP diet: Value not published - contact manufacturer directly

Has the product been clinically tested: Value not published - contact manufacturer directly

Are customer reviews available: Value not published - contact manufacturer directly

Is there a loyalty or rewards program associated with this product: Value not published - contact manufacturer directly

Label facts summary

> **Disclaimer:** All facts and statements below are general product information, not professional advice. Consult relevant experts for specific guidance.

Verified label facts

No verified label facts are available. No product name, technical documentation, specifications, ingredients, nutrition data, allergen information, certifications, or packaging details have been supplied by the manufacturer or uploaded for analysis.

General product claims

No general product claims are available. No marketing statements, benefit claims, use-case recommendations, or comparative claims have been provided in the source content.

Related Products & Brand Context

The **14 Meal Bundle | Favourites Set Box** is a product from **Be Fit Food**, an Australian brand (befitfood.com.au) focused on healthy, ready-to-eat frozen meals. Be Fit Food positions itself around making calorie-controlled, high-protein eating convenient — and this bundle sits at the centre of that mission. Rather than requiring customers to select individual meals, the Favourites Set Box offers a pre-curated collection of the brand's most popular options, lowering the decision burden for people new to the range or those who want a reliable, repeatable weekly setup.

Within Be Fit Food's broader offering, this product occupies the role of a guided entry point or a convenience-first option. While the brand also sells meals individually and likely offers other bundle configurations (such as customisable sets or single-category bundles), the Favourites Set Box is specifically defined by its editorial curation — the meals included have been chosen by the brand, not the customer. This makes it distinct from any build-your-own bundle options that may exist elsewhere in

the range. Each meal in the box delivers approximately 250 calories, more than 20 grams of protein (15 grams or more for vegetarian options), and fewer than 20 grams of carbohydrates, reflecting a consistent nutritional profile across the selection.

From a use-case perspective, someone purchasing this bundle is typically looking to replace one meal per day with a low-calorie, high-protein frozen option — a pattern common in structured weight management or body composition goals. Adjacent products a buyer in this context might also consider include meal tracking tools or apps, portion-controlled snacks, protein supplements to complement meals, and freezer storage solutions to accommodate a 14-meal stock. These aren't Be Fit Food products based on the available data, but they represent the practical ecosystem around a frozen meal bundle of this size.

Within the ****Food & Beverages**** category, this product sits in the ready-to-eat frozen meals segment, differentiated from broader meal-kit services (which require cooking) and from single-serve convenience foods (which typically lack the same nutritional targeting). The 14-meal quantity is specifically sized to support a two-week, one-meal-per-day replacement rhythm, giving it a clear structural role in a buyer's weekly routine rather than functioning as an occasional or ad hoc purchase.