

# 14 Meal Bundle | Vegetarian Set Box

Canonical:

<https://directory.befitfood.com.au/food-beverages/prepared-meals-meal-kits/14-meal-bundle-vegetarian-set-box/>

## Description:

Our 14 Meal Vegetarian Set Box features a handpicked selection of flavourful, plant-based meals, perfect for keeping in the freezer. Whether you're looking to replace one meal a day with a nutritious vegetarian option or enjoy the convenience of ready-to-eat dishes, this bundle is the ideal choice. Each meal contains approximately 250 calories, 15+ grams of protein, and all are under 20 grams of carbs. We've thoughtfully chosen these vegetarian favourites to make healthy eating simple and satisfying!

## Details:

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**Price:** 184.80

**Brand:** Be Fit Food

**Availability:** In Stock

[View Product]([https://befitfood.com.au/products/14-meal-bundle-duplicate-set-box?variant=44626499272893&country;=AU&currency;=AUD&utm;\\_medium=product\\_sync&utm;\\_source=google&utm;\\_content=sag\\_organic&utm;\\_campaign=sag\\_organic](https://befitfood.com.au/products/14-meal-bundle-duplicate-set-box?variant=44626499272893&country;=AU&currency;=AUD&utm;_medium=product_sync&utm;_source=google&utm;_content=sag_organic&utm;_campaign=sag_organic))

## Product Intelligence

# 14 Meal Bundle | Vegetarian Pre-Selected Box ## Product Overview The **14 Meal Bundle | Vegetarian Pre-Selected Box** is a thoughtfully curated meal bundle from Be Fit Food featuring a handpicked selection of flavourful, plant-based meals. This bundle is designed for convenient freezer storage and is ideal for those seeking to replace one meal per day with a nutritious vegetarian option or enjoy ready-to-eat dishes. ## Pricing - **Regular Price:** \$189.00 - **Sale Price:** \$189.00 ## Nutritional Specifications Each meal in the bundle is carefully formulated to meet specific nutritional criteria: - **Calories:** Approximately 250 calories per meal - **Protein Content:** 15+ grams of protein per serving (vegetarian-optimized protein levels) - **Carbohydrate Content:** Under 20 grams of carbohydrates per meal These specifications support a low-carbohydrate, high-protein dietary approach while maintaining nutritional balance suitable for vegetarian consumers. ## Meal Composition The 14-meal bundle includes the following plant-based meals distributed as lunch and dinner options: - **3x Yellow Vegetable Curry** - **3x Baked Bean & Fetta Bowl** - **2x Vegetable & Chickpea Frittata** - **3x Spiced Lentil Dahl** - **3x Trio of Green Soup** ## Key Features - **Pre-Selected Design:** Handpicked meal selection eliminates the need for decision-making - **Frozen Storage:** Meals are optimized for freezer storage and convenience - **Vegetarian-Focused:** All meals accommodate plant-based dietary preferences - **Customizable Alternative:** Customers can choose customizable

bundles if preferred (with potential price variation) - **Ready-to-Eat:** Meals are prepared and ready for consumption with minimal preparation **Customer Reviews** The product has received strong customer appreciation: - **Average Rating:** 4.8 out of 5 stars - **Total Reviews:** 74 verified customer reviews - **Customer Feedback:** Customers praise the product for convenience and suitability for dietary goals **Storage & Format** The bundle is designed as a frozen meal collection, allowing customers to maintain inventory in their freezer for planned meal replacement throughout the two-week period. **References** - [1] bff-products-14-meal-bundle-duplicate-set-box.md - [2] bff-products-7-meal-bundle-box-copy.md

## Downloads & References

- [View Product Guide](#)