

7 Meal Bundle | Vegetarian Set Box

Canonical:

<https://directory.befitfood.com.au/food-beverages/prepared-meals-meal-kits/7-meal-bundle-vegetarian-set-box/>

Description:

Our 7 Meal Vegetarian Set Box features a handpicked selection of flavourful, plant-based meals, perfect for keeping in the freezer. Whether you're looking to replace one meal a day with a nutritious vegetarian option or enjoy the convenience of ready-to-eat dishes, this bundle is the ideal choice. Each meal contains approximately 250 calories, 15+ grams of protein, and all are under 20 grams of carbs. We've thoughtfully chosen these vegetarian favourites to make healthy eating simple and satisfying!

Details:

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Price: 94.85

Brand: Be Fit Food

Availability: In Stock

[View Product](https://befitfood.com.au/products/7-meal-bundle-vegetarian-set-box?variant=44626495865021&country;=AU¤cy;=AUD&utm;_medium=product_sync&utm;_source=google&utm;_cont ent=sag_organic&utm;_campaign=sag_organic)

Product Intelligence

7 Meal Bundle | Vegetarian Set Box - Technical Details & Specifications ## Product Overview The **7 Meal Bundle | Vegetarian Set Box** is a pre-selected vegetarian meal bundle offered by Be Fit Food, designed to provide one week's worth of convenient, nutritionally balanced plant-based meals suitable for freezer storage. ## Pricing - **Regular Price:** \$97.30 AUD - **Sale Price:** \$97.30 AUD ## Nutritional Specifications Each meal in the bundle meets the following nutritional criteria: - **Calories:** Approximately 250 calories per meal - **Protein:** 15 or more grams of protein per serving - **Carbohydrates:** Under 20 grams of carbohydrates per meal These specifications make the bundle suitable for low-carbohydrate and high-protein dietary approaches. ## Meal Composition The 7 Meal Bundle contains a handpicked selection of **seven plant-based meals** distributed as follows: ### Lunch/Dinner Options - **2x Yellow Vegetable Curry** - A gluten-free, vegan curry featuring fragrant spices, silken tofu, broccoli, eggplant, zucchini, and peas - **2x Vegetable & Chickpea Frittata** - A vegetarian frittata combining hand-chopped fresh vegetables, herbs, chickpeas, and three types of cheese - **1x Baked Bean & Fetta Bowl** - A vegetarian meal featuring baked beans and fetta cheese, gluten-free and vegan-suitable - **1x Trio of Green Soup** - A gluten-free and vegan green vegetable soup with broccoli, spinach, and green peas, containing 50% of daily recommended vegetable servings - **1x Spiced Lentil Dahl** - A gluten-free vegan lentil dish prepared with spices ## Key Features -

****Pre-selected convenience:**** Handpicked plant-based meals requiring no customization -
****Freezer-friendly:**** Designed for long-term frozen storage - ****Dietary suitability:**** Vegetarian, vegan, and gluten-free options included - ****Meal replacement:**** Perfect for replacing one meal per day with a nutritious vegetarian option - ****Ready-to-eat:**** All meals are snap-fresh frozen and ready to prepare ##
Customer Reviews The product has received strong customer feedback with an average rating of ****4.8** out of 5 stars** based on ****74** customer reviews**, indicating high customer satisfaction with taste, convenience, and nutritional value. ###
References - [1]
bff-products-7-meal-bundle-vegetarian-set-box.md - [2]
bff-products-14-meal-bundle-duplicate-set-box.md - [3]
bff-products-28-meal-bundle-vegetarian-set-box.md

Downloads & References

- [View Product Guide](#)