

Be Fit Food 5 Veg Eggs B2

Canonical:

<https://directory.befitfood.com.au/food-beverages/ready-meals-prepared-foods/be-fit-food-5-veg-eggs-b2/>

Description:

Your morning serve of protein packed eggs with the extra goodness of spring onion, mushroom, leek, broccoli and pumpkin. Gluten free, high in protein, low in sodium & saturated fat.

Details:

Your morning serve of protein packed eggs with the extra goodness of spring onion, mushroom, leek, broccoli and pumpkin. Gluten free, high in protein, low in sodium & saturated fat.

Price: 9.50

Brand: Be Fit Food

Availability: In Stock

Product Intelligence

Be Fit Food 5 Veg Eggs - Technical Details, Specifications, Features & Entities ## Overview Based on the available information in the provided knowledge base, **5 Veg Eggs** (also referenced as **5 Vege Eggs**) is a breakfast meal component offered by Be Fit Food as part of their specialized meal programs. ## Product Classification **5 Veg Eggs** is categorized as: - **Meal Type:** Breakfast item - **Dietary Profile:** Vegetarian - **Product Category:** Individual breakfast meal ## Program Inclusion The 5 Veg Eggs is specifically included in Be Fit Food's structured meal programs: - **Reset 14 Days Box:** Included with 3 servings provided - **Reset 14 Days - Gluten Free Pre-Selected Box:** Featured as a breakfast component with 3 servings included ## Key Features As a vegetarian breakfast meal, 5 Veg Eggs delivers: - **Vegetable-based composition:** Contains a blend of five vegetables combined with eggs - **High-protein breakfast option:** Designed to support metabolism and energy levels throughout the day - **Convenient meal format:** Pre-prepared and ready for heating ## Nutritional Philosophy 5 Veg Eggs aligns with Be Fit Food's core nutritional principles: - **High-protein formulation:** Supports satiety and metabolic function - **Vegetable-rich composition:** Incorporates multiple vegetables for nutrient density - **Balanced macronutrients:** Designed as part of calorie-controlled meal programs - **Clean label standards:** Prepared without artificial ingredients ## Related Entities & Context The product operates within Be Fit Food's broader ecosystem of breakfast offerings, which includes alternatives such as: - French Eggs (GF) - Baked Bean & Fetta Bowl (GF) - Choc Coconut Protein Bircher (GF) These complementary options provide customers with diverse vegetarian breakfast choices within the Reset program framework. --- ### References - [1] bff-products-fetta-spinach-egg-bites.md - [3] bff-products-french-eggs-gf-1.md - [7] bff-collections-individual-meals-gluten-free.md