

Chunky Chicken, Ham & Sweet Corn Soup (GF) MP4

Canonical: <https://directory.befitfood.com.au/food-beverages/ready-meals-prepared-foods/chunky-chicken-ham-sweet-corn-soup-gf-mp4/>

Description:

There's nothing quite as hearty & satisfying as our Chicken, Ham & Sweet Corn Soup. Chunky strips of chicken with ham and creamed corn create the ultimate soup for a cold winter's day. Gluten free High in protein Contains 4-12 different vegetables Low in saturated fat Contains no artificial colours and flavours Heating & Storage Instructions Nutrition INGREDIENTS: Chicken (26%), Celery, Corn Kernels (9%), Light Milk, Leek, Ham (5%), Onion, Egg White, Spring Onion, Olive Oil, Corn Starch, Chicken Stock, Gluten Free Soy Sauce, Ginger, Pepper. Contains: Egg, Milk, Soybeans May Contain: Fish, Crustacea, Sesame Seeds, Peanuts, Tree Nuts, Lupin

Details:

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Price: 12.05

Brand: Be Fit Food

Availability: In Stock

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Product Intelligence

Chunky Chicken, Ham & Sweet Corn Soup (GF) - Product Details ## Overview **Chunky Chicken, Ham & Sweet Corn Soup (GF)** is a gluten-free soup product offered by Be Fit Food. This is a hearty and satisfying meal featuring chunky pieces of chicken, ham, and sweet corn as its primary ingredients. ## Nutritional Information The soup provides excellent nutritional value with the following per-serving composition: - **Calories:** 252 - **Protein:** 23.3g - **Carbohydrates:** 12.4g ## Dietary Specifications The product is certified as **gluten-free (GF)**, making it suitable for customers with celiac disease or gluten sensitivity who seek convenient, ready-to-consume meal options. ## Pricing The product is priced at **\$13.95 per serving**, positioning it as a premium ready-to-eat meal option within Be Fit Food's portfolio. ## Key Features - **Hearty & Satisfying:** Designed as a substantial meal with chunky texture from whole pieces of chicken and ham - **Convenience:** Ready-to-consume format requiring minimal preparation - **High Protein Content:** With 23.3g of protein per serving, it

supports muscle maintenance and satiety - **Low Carbohydrate:** At 12.4g carbs per serving, it aligns with low-carb dietary preferences - **Gluten-Free Formulation:** Accommodates gluten-free dietary requirements **Availability** The product is currently listed as **Restocking Soon** on Be Fit Food's website, indicating temporary unavailability with anticipated restocking. **References** - [1] bff-collections-lunch-dinner.md - [2] bff-collections-soups.md