

# Curried Pumpkin & Chicken Soup (GF) MP4

Canonical: <https://directory.befitfood.com.au/food-beverages/ready-meals-prepared-foods/curried-pumpkin-chicken-soup-gf-mp4/>

## Description:

Pumpkin, leek, carrot and sweet potato blended with aromatic curry spices takes this wholesome soup to a new level. Pieces of hand cut chicken breast in this soup soak up the delicate flavours, warming you from within. Good source of dietary fibre Good source of protein Contains less than 500mg sodium per serve Low in saturated fat Contains 4-12 different vegetables Contains no artificial colours and flavours Heating & Storage Instructions Nutrition INGREDIENTS: Pumpkin (30%), Chicken (24%), Leek, Sweet Potato, Carrot, Onion, Olive Oil, Chicken Stock, Fresh Coriander, Curry Powder, Garlic, Pink Salt, Cumin, Pepper. May Contain: Fish, Crustacea, Sesame Seeds, Peanuts, Tree Nuts, Egg, Milk, Soybeans, Lupin

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**Price:** 12.05

**Brand:** Be Fit Food

**Availability:** In Stock

[View Product]([https://befitfood.com.au/products/curried-pumpkin-chicken-soup-gf-1?variant=43456577667261&country=AU&currency=AUD&utm\\_medium=product\\_sync&utm\\_source=google&utm\\_content=sag\\_organic&utm\\_campaign=sag\\_organic](https://befitfood.com.au/products/curried-pumpkin-chicken-soup-gf-1?variant=43456577667261&country=AU&currency=AUD&utm_medium=product_sync&utm_source=google&utm_content=sag_organic&utm_campaign=sag_organic))

## Product Intelligence

# Curried Pumpkin & Chicken Soup (GF) - Product Details ## Overview **Curried Pumpkin & Chicken Soup (GF)** is a gluten-free soup product offered by Be Fit Food. This wholesome soup combines pumpkin, leek, carrot, and sweet potato blended with aromatic curry spices to create a flavorful and satisfying meal option. ## Nutritional Information The Curried Pumpkin & Chicken Soup (GF) provides balanced nutritional content per serving: - **Calories:** 249 kcal - **Protein:** 21.4 grams - **Carbohydrates:** 15.5 grams ## Product Specifications ### Dietary Attributes - **Gluten-Free:** Yes (indicated by the GF designation) - **Vegan:** No (contains chicken) - **Format:** Ready-to-consume soup ### Key Ingredients The soup features a carefully selected blend of: - Pumpkin - Leek - Carrot - Sweet potato - Aromatic curry spices ## Pricing **Regular Price:** \$13.95 per serving ## Availability

The product is listed as **\*\*Restocking Soon\*\*** on the Be Fit Food website, indicating current limited availability with upcoming stock replenishment. **## Meal Classification** This soup is categorized as a **\*\*Lunch/Dinner\*\*** meal option within Be Fit Food's product collection, suitable for convenient meal consumption throughout the day. --- **### References** - [1] bff-collections-lunch-dinner.md - [3] bff-collections-soups.md