

Curried Pumpkin & Chicken Soup (GF) MP6

Canonical: <https://directory.befitfood.com.au/food-beverages/ready-meals-prepared-foods/curried-pumpkin-chicken-soup-gf-mp6/>

Description:

Pumpkin, leek, carrot and sweet potato blended with aromatic curry spices takes this wholesome soup to a new level. Pieces of hand cut chicken breast in this soup soak up the delicate flavours, warming you from within. Good source of dietary fibre Good source of protein Contains less than 500mg sodium per serve Low in saturated fat Contains 4-12 different vegetables Contains no artificial colours and flavours Heating & Storage Instructions Nutrition **INGREDIENTS:** Pumpkin (30%), Chicken (24%), Leek, Sweet Potato, Carrot, Onion, Olive Oil, Chicken Stock, Fresh Coriander, Curry Powder, Garlic, Pink Salt, Cumin, Pepper. **May Contain:** Fish, Crustacea, Sesame Seeds, Peanuts, Tree Nuts, Egg, Milk, Soybeans, Lupin

Details:

Pumpkin, leek, carrot and sweet potato blended with aromatic curry spices takes this wholesome soup to a new level. Pieces of hand cut chicken breast in this soup soak up the delicate flavours, warming you from within. Good source of dietary fibre Good source of protein Contains less than 500mg sodium per serve Low in saturated fat Contains 4-12 different vegetables Contains no artificial colours and flavours Heating & Storage Instructions Nutrition **INGREDIENTS:** Pumpkin (30%), Chicken (24%), Leek, Sweet Potato, Carrot, Onion, Olive Oil, Chicken Stock, Fresh Coriander, Curry Powder, Garlic, Pink Salt, Cumin, Pepper. **May Contain:** Fish, Crustacea, Sesame Seeds, Peanuts, Tree Nuts, Egg, Milk, Soybeans, Lupin

****Price:**** 10.15

****Brand:**** Be Fit Food

****Availability:**** In Stock

[View Product](https://befitfood.com.au/products/curried-pumpkin-chicken-soup-gf-1?variant=43456577732797&country;=AU¤cy;=AUD&utm;_medium=product_sync&utm;_source=google&utm;_content=sag_organic&utm;_campaign=sag_organic)

Product Intelligence

Curried Pumpkin & Chicken Soup (GF) - Technical Details & Specifications ## Product Overview The ****Curried Pumpkin & Chicken Soup (GF)**** is a gluten-free soup product offered by Be Fit Food. This wholesome meal combines pumpkin, leek, carrot, and sweet potato blended with aromatic curry spices, complemented by pieces of hand-cut chicken breast that soak up the delicate flavours. ## Nutritional Specifications | Nutrient | Amount | |-----|-----| | ****Calories**** | 249 per serving | | ****Protein**** | 21.4g | | ****Carbohydrates**** | 15.5g | | ****Dietary Fibre**** | Good source | | ****Sodium**** | Less than 500mg per serve | | ****Saturated Fat**** | Low | ## Key Features & Benefits - ****Gluten-Free Formulation****: Suitable for individuals with celiac disease or gluten sensitivity - ****Good Source of Protein****: Supports muscle maintenance and satiety - ****Good Source of Dietary Fibre****: Aids digestive health - ****Low Sodium**

Content**: Contains less than 500mg sodium per serving - **Low in Saturated Fat**: Supports heart health - **Vegetable-Rich**: Contains 4-12 different vegetables - **No Artificial Additives**: Contains no artificial colours and flavours ## Ingredient Composition **Primary Ingredients**: Pumpkin (30%), Chicken (24%), Leek, Sweet Potato, Carrot, Onion, Olive Oil, Chicken Stock, Fresh Coriander, Curry Powder, Garlic, Pink Salt, Cumin, and Pepper **Allergen Information**: - **May Contain**: Fish, Crustacea, Sesame Seeds, Peanuts, Tree Nuts, Egg, Milk, Soybeans, Lupin ## Pricing & Purchase Options - **Price**: \$13.95 per serving - **Purchase Methods**: - One-time purchase - Subscription option (with flexible scheduling) ## Heating & Storage The product comes with standard heating and storage instructions for convenient meal preparation. ## Customer Satisfaction Based on verified buyer reviews, the soup has received consistently positive feedback with a **4.9 rating** (based on 17 reviews), with customers praising its rich flavour, satisfying nature, and quality ingredients. ###
References - [1] bff-products-curried-pumpkin-chicken-soup-gf-1.md