

Keto Chicken Pizza - Single Serve MB1

Canonical: <https://directory.befitfood.com.au/food-beverages/ready-meals-prepared-foods/keto-chicken-pizza-single-serve-mb1/>

Description:

Craving pizza without the guilt? Our 6-inch Keto Chicken Pizza is a delicious low-carb, high-protein take on the classic favourite. Topped with tender chicken, rich tomato sauce and gooey mozzarella, it delivers all the flavour you love, without the carbs slowing you down. Over 20g of protein Only 10g of carbs Less than 210mg of sodium per serve Contains no artificial colours or flavours Heating & Storage Instructions Nutrition Ingredients: Almond Flour, Egg, Coconut, Water, Tapioca Flour, Mozzarella Cheese (Milk), Tomato Paste, Chicken, Onion, Tomato, Garlic, Oregano, Basil, Thyme, Rosemary. Allergens: Almond, Egg, Milk. May Contain: Gluten, Fish, Soy, Crustacea, Sesame, Peanuts, Egg, Tree Nuts, Lupin.

Details:

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Price: 13.55

Brand: Be Fit Food

Availability: In Stock

[View Product](https://befitfood.com.au/products/single-serve-keto-mini-pizza?variant=45313481310397&country;=AU¤cy;=AUD&utm;_medium=product_sync&utm;_source=google&utm;_content=sag_organic&utm;_campaign=sag_organic)

Product Intelligence

Keto Chicken Pizza - Single Serve: Technical Details, Specifications, and Features ## Product Overview The **Keto Chicken Pizza - Single Serve** is a 6-inch low-carb, high-protein pizza offered by Be Fit Food, designed as a delicious alternative to traditional pizza for those following a ketogenic diet. This single-portion meal delivers authentic pizza flavor without the carbohydrate content that conflicts with keto dietary principles. ## Nutritional Specifications The Keto Chicken Pizza provides carefully balanced macronutrients optimized for ketogenic nutrition: | Nutrient | Amount | |-----|-----| | **Calories** | 248 | | **Protein** | 20.1g | | **Carbohydrates** | 10.0g | | **Sodium** | Less than 210mg per serve | The product contains **over 20g of protein** and delivers the low-carbohydrate composition essential for maintaining ketosis while providing substantial protein for muscle support and satiety. ## Key Product Features - **Low-Carb Formulation**: With only 10.0g of carbs per serving, the pizza

supports ketogenic dietary requirements and minimizes impact on blood glucose levels - **High-Protein Content**: 20.1g of protein promotes satiety and supports muscle maintenance during weight management - **Controlled Sodium**: Less than 210mg of sodium per serve reflects Be Fit Food's commitment to heart-health considerations - **Clean Ingredients**: Contains no artificial colours or flavours, maintaining Be Fit Food's philosophy of using real food ingredients - **Single-Serve Portion**: The 6-inch size provides a convenient, pre-portioned meal ready in minutes

Core Ingredients and Composition

The Keto Chicken Pizza combines carefully selected ingredients to achieve its low-carb, high-protein profile: **Crust Ingredients**: - **Almond Flour** - Primary low-carb crust ingredient providing healthy fats - **Tapioca Flour** - Contributes to crust texture while maintaining low carbohydrate content - Egg - Coconut - Water **Topping Ingredients**: - **Chicken** - Primary protein topping - **Mozzarella Cheese** - Dairy topping providing additional protein and richness - Tomato Paste - Onion - Tomato - Garlic - Oregano - Basil - Thyme - Rosemary

Allergen Information

Primary Allergens: - Almond - Egg - Milk **May Contain Cross-Contaminants**: - Gluten - Fish - Soy - Crustacea - Sesame - Peanuts - Tree Nuts - Lupin

Pricing and Availability

Regular Price: \$13.95 - **Format**: Single-serve, frozen meal - **Preparation Time**: Approximately 5 minutes from frozen state

Dietary Classification Tags

The Keto Chicken Pizza - Single Serve is classified with the following dietary tags: - **Keto** - Suitable for ketogenic diet adherents - **Low-Carb** - Formulated as a low-carbohydrate option - **High-Protein** - Elevated protein content for muscle support

Product Category

The Keto Chicken Pizza is part of Be Fit Food's **Individual Meals** collection, designed to provide convenient, nutritionally complete meals for customers who want ready-to-eat options without extensive meal preparation.

References

[1] bff-collections-individual-meals-1-keto.md - [2] bff-collections-individual-meals-1-gluten-free.md - [3] bff-products-single-serve-keto-mini-pizza.md