

Keto Chicken Pizza - Single Serve MB2

Canonical: <https://directory.befitfood.com.au/food-beverages/ready-meals-prepared-foods/keto-chicken-pizza-single-serve-mb2/>

Description:

Craving pizza without the guilt? Our 6-inch Keto Chicken Pizza is a delicious low-carb, high-protein take on the classic favourite. Topped with tender chicken, rich tomato sauce and gooey mozzarella, it delivers all the flavour you love, without the carbs slowing you down. Over 20g of protein Only 10g of carbs Less than 210mg of sodium per serve Contains no artificial colours or flavours Heating & Storage Instructions Nutrition Ingredients: Almond Flour, Egg, Coconut, Water, Tapioca Flour, Mozzarella Cheese (Milk), Tomato Paste, Chicken, Onion, Tomato, Garlic, Oregano, Basil, Thyme, Rosemary. Allergens: Almond, Egg, Milk. May Contain: Gluten, Fish, Soy, Crustacea, Sesame, Peanuts, Egg, Tree Nuts, Lupin.

Details:

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Price: 13.20

Brand: Be Fit Food

Availability: In Stock

[View Product](https://befitfood.com.au/products/single-serve-keto-mini-pizza?variant=45313481343165&country;=AU¤cy;=AUD&utm;_medium=product_sync&utm;_source=google&utm;_content=sag_organic&utm;_campaign=sag_organic)

Product Intelligence

Keto Chicken Pizza - Single Serve: Technical Details and Specifications ## Product Overview **Keto Chicken Pizza - Single Serve** is a specialized keto-friendly individual meal product offered by **Be Fit Food**, an Australian health and nutrition company. This single-portion pizza is specifically formulated to support ketogenic and low-carbohydrate dietary goals. ## Key Nutritional Specifications The Keto Chicken Pizza delivers the following nutritional profile per serving: - **Calories:** 248 kcal - **Protein:** 20.1g (high-protein formulation) - **Carbohydrates:** 10.0g (low-carb specification) - **Price:** \$13.95 AUD ## Product Format & Specifications - **Size:** 6-inch single-serve pizza - **Portion Type:** Individual meal serving - **Category:** Low-carb, high-protein keto meal - **Dietary Classification:** Keto-friendly pizza alternative ## Primary Ingredients & Components ### Base - **Almond Flour** - Key ingredient contributing to the low-carb profile of the pizza base ### Protein Topping - **Chicken** -

Primary protein ingredient that contributes significantly to the high protein content ### Cheese & Dairy - **Mozzarella Cheese** - Provides gooey texture and rich flavor as a topping ingredient ### Sauce & Vegetables - **Tomato Sauce** - Rich tomato-based sauce made from tomato paste and complementary ingredients - **Tomato** - Used in the tomato sauce component - **Onion** - Ingredient used in the preparation of the pizza ### Seasonings & Herbs - **Thyme** - Dried herb seasoning ingredient - **Oregano** - Dried herb seasoning ingredient - **Basil** - Herb seasoning ingredient - **Rosemary** - Herb seasoning ingredient - **Garlic** - Ingredient used in the preparation ### Other Components - **Water** - Used as an ingredient component in the preparation ## Allergen Profile ### Declared Allergens (Contains): - **Almond** (nut allergen) - **Egg** - **Milk** ### Potential Cross-Contamination Risks (May Contain): - Gluten - Fish - Soy - Crustacea - Sesame - Peanuts - Tree nuts - Lupin ## Dietary Classifications & Tags The Keto Chicken Pizza is tagged and categorized under the following dietary filters: - **Keto** - Suitable for ketogenic diet followers - **Low-Carb** - Formulated with reduced carbohydrate content - **Low-Carb Diet** - Designed as a low-carb alternative to traditional pizza - **High-Protein** - Formulated to support muscle recovery and fitness objectives - **Keto Diet** - Aligned with ketogenic diet principles ## Product Organization The Keto Chicken Pizza is part of Be Fit Food's **Keto Collection**, a dedicated product category featuring low-carb and ketogenic diet-friendly meals organized for easy customer discovery and selection. ## Dietary Support Benefits This single-serve pizza is designed to support: - Ketogenic dietary approaches - Weight loss initiatives through reduced carbohydrate intake - Muscle maintenance with 20g+ protein content - Appetite management through high protein content - Low glycemic impact through limited carbohydrate content (10g) --- ### References - [1] Be Fit Food - Keto Chicken Pizza - Single Serve Product Information - [2] Be Fit Food - Nutritional Specifications and Meal Products Database - [3] Be Fit Food - Keto Collection and Dietary Classification System - [4] Be Fit Food - Allergen Profile and Cross-Contamination Risk Assessment - [5] Be Fit Food - Product Ingredient Composition and Preparation Details