

Keto Chicken Pizza - Single Serve MB3

Canonical: <https://directory.befitfood.com.au/food-beverages/ready-meals-prepared-foods/keto-chicken-pizza-single-serve-mb3/>

Description:

Craving pizza without the guilt? Our 6-inch Keto Chicken Pizza is a delicious low-carb, high-protein take on the classic favourite. Topped with tender chicken, rich tomato sauce and gooey mozzarella, it delivers all the flavour you love, without the carbs slowing you down. Over 20g of protein Only 10g of carbs Less than 210mg of sodium per serve Contains no artificial colours or flavours Heating & Storage Instructions Nutrition Ingredients: Almond Flour, Egg, Coconut, Water, Tapioca Flour, Mozzarella Cheese (Milk), Tomato Paste, Chicken, Onion, Tomato, Garlic, Oregano, Basil, Thyme, Rosemary. Allergens: Almond, Egg, Milk. May Contain: Gluten, Fish, Soy, Crustacea, Sesame, Peanuts, Egg, Tree Nuts, Lupin.

Details:

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****Price:**** 12.50

****Brand:**** Be Fit Food

****Availability:**** In Stock

[View Product](https://befitfood.com.au/products/single-serve-keto-mini-pizza?variant=4531348137593&country;=AU¤cy;=AUD&utm;_medium=product_sync&utm;_source=google&utm;_content=sag_organic&utm;_campaign=sag_organic)

Product Intelligence

Keto Chicken Pizza - Single Serve: Technical Details, Specifications, and Features ## Product Overview The ****Keto Chicken Pizza - Single Serve**** is a 6-inch low-carb, high-protein pizza offering from Be Fit Food, designed for individuals following a ketogenic diet. This single-portion meal delivers all the flavor of traditional pizza while maintaining strict macronutrient targets aligned with keto dietary principles. ## Nutritional Specifications The product provides the following nutritional profile per serving: - ****Calories****: 248 kcal - ****Protein****: 20.1g - ****Carbohydrates****: 10.0g - ****Sodium****: Less than 210mg per serve These specifications make it an excellent choice for individuals seeking to maintain ketosis while enjoying a familiar meal format. ## Key Features ### Macronutrient Highlights - ****Over 20g of protein**** per serving, supporting muscle maintenance and satiety - ****Only 10g of carbs**** per serving, keeping the meal well within ketogenic dietary limits - ****Low sodium content**** at less than 210mg per

serve, supporting heart health ### Quality Attributes - Contains **no artificial colours or flavours**, emphasizing real food ingredients - Crafted as a low-carb, high-protein alternative to traditional pizza - Ready-to-eat convenience with minimal preparation required ## Ingredient Composition ### Crust Ingredients The pizza crust utilizes **almond flour** and **tapioca flour** as primary ingredients, which contribute to the low-carbohydrate composition while providing structure and texture. ### Toppings - **Chicken**: Protein-rich primary topping - **Mozzarella Cheese**: Dairy-based topping providing calcium and additional protein - **Tomato Sauce**: Flavorful base - **Aromatic Seasonings**: Oregano, basil, thyme, and rosemary ### Complete Ingredient List Almond Flour, Egg, Coconut, Water, Tapioca Flour, Mozzarella Cheese (Milk), Tomato Paste, Chicken, Onion, Tomato, Garlic, Oregano, Basil, Thyme, Rosemary. ## Allergen Information ### Primary Allergens - **Almond** - **Egg** - **Milk** ### May Contain Gluten, Fish, Soy, Crustacea, Sesame, Peanuts, Egg, Tree Nuts, and Lupin (due to potential cross-contamination). ## Dietary Classification The Keto Chicken Pizza - Single Serve carries the following dietary tags: - **Keto**: Suitable for ketogenic diet adherents - **Low-Carb**: Designed with reduced carbohydrate content - **High-Protein**: Formulated with elevated protein levels ## Pricing and Availability - **Price**: \$13.95 per unit - **Format**: Individual single-serve meal - **Storage**: Snap-fresh frozen, designed for convenient home storage ## Entity Relationships This product exists within Be Fit Food's broader product ecosystem as part of their **Individual Meals** collection and **Keto Meals** specialized service offering. It serves customers pursuing weight loss through ketogenic nutrition, providing convenient, scientifically-formulated meal support. ### References - [1] bff-collections-individual-meals-1-gluten-free.md - [4] bff-products-single-serve-keto-mini-pizza.md