

Keto Chicken Pizza - Single Serve MP5

Canonical: <https://directory.befitfood.com.au/food-beverages/ready-meals-prepared-foods/keto-chicken-pizza-single-serve-mp5/>

Description:

Craving pizza without the guilt? Our 6-inch Keto Chicken Pizza is a delicious low-carb, high-protein take on the classic favourite. Topped with tender chicken, rich tomato sauce and gooey mozzarella, it delivers all the flavour you love, without the carbs slowing you down. Over 20g of protein Only 10g of carbs Less than 210mg of sodium per serve Contains no artificial colours or flavours Heating & Storage Instructions Nutrition Ingredients: Almond Flour, Egg, Coconut, Water, Tapioca Flour, Mozzarella Cheese (Milk), Tomato Paste, Chicken, Onion, Tomato, Garlic, Oregano, Basil, Thyme, Rosemary. Allergens: Almond, Egg, Milk. May Contain: Gluten, Fish, Soy, Crustacea, Sesame, Peanuts, Egg, Tree Nuts, Lupin.

Details:

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****Price:**** 12.75

****Brand:**** Be Fit Food

****Availability:**** In Stock

[View Product](https://befitfood.com.au/products/single-serve-keto-mini-pizza?variant=45313481572541&country;=AU¤cy;=AUD&utm;_medium=product_sync&utm;_source=google&utm;_content=sag_organic&utm;_campaign=sag_organic)

Product Intelligence

Keto Chicken Pizza - Single Serve: Technical Details & Specifications ## Product Overview The ****Keto Chicken Pizza - Single Serve**** is a 6-inch, individually portioned keto meal product offered by Be Fit Food. It delivers a delicious low-carb, high-protein alternative to traditional pizza, designed specifically for customers following ketogenic dietary principles. ## Nutritional Specifications ### Core Macronutrients The Keto Chicken Pizza provides comprehensive nutritional support for keto dieters: - ****Calories****: 248 calories per serving - ****Protein****: 20.1 grams per serving (exceeding the 20g threshold) - ****Carbohydrates****: 10.0 grams per serving - ****Sodium****: Less than 210mg per serve These specifications align perfectly with ketogenic diet standards, which emphasize low-carbohydrate intake while maintaining high protein content for satiety and muscle preservation. ## Key Features & Attributes ### Dietary Classification The product is tagged with the following dietary specifications: -

****Keto****: Classified as a keto-compliant meal option suitable for ketogenic diet adherents -
****High-Protein****: Formulated as a high-protein meal option, supporting protein intake goals -
****Low-Carb****: Marketed as a low-carb product with only 10.0g carbs per serving **### Quality Assurances** The Keto Chicken Pizza contains ****no artificial colours or flavours****, demonstrating Be Fit Food's commitment to clean ingredient sourcing and product integrity. **## Ingredients & Composition** **### Primary Components** The pizza is constructed with carefully selected ingredients across multiple food groups: - ****Crust****: Made with ****Almond Flour**** as the primary low-carb base ingredient - ****Dairy****: ****Mozzarella Cheese**** topping (containing milk allergen) and coconut - ****Protein****: ****Chicken**** as the primary protein topping - ****Sauce****: ****Tomato Paste**** and ****Tomato Sauce**** (flavoured with garlic, paprika, and other seasonings) - ****Binders & Structure****: ****Egg****, Water, Tapioca Flour - ****Seasonings****: Onion, Tomato, Garlic, Oregano, Basil, Thyme, Rosemary **## Allergen Information** **### Primary Allergens** The product contains three primary allergens: - ****Almond**** - ****Egg**** - ****Milk**** **### Potential Cross-Contamination Allergens** Due to manufacturing processes, the product ****may contain****: - Gluten - Fish - Soy - Crustacea - Sesame - Peanuts - Tree Nuts - Lupin **## Pricing & Availability** - ****Regular Price****: \$13.95 per unit - ****Format****: Individual single-serve meal **## Practical Usage** **### Heating & Storage** The product is designed as a ready-to-consume frozen meal that can be heated and consumed within five minutes, making it ideal for customers seeking convenient, nutritionally-aligned meal solutions without complex preparation. **### Bundle Options** The Keto Chicken Pizza is available for individual purchase and as part of Be Fit Food's ****Healthy Meal Bundles****, where customers can purchase meals from \$12.50 each when buying in bundles, with additional discounts available through promotional codes. **## Nutritional Context** The Keto Chicken Pizza exemplifies Be Fit Food's commitment to supporting ketogenic dietary goals by delivering meals that maintain the optimal macronutrient balance necessary for nutritional ketosis while providing satisfying, flavorful meal options with high-quality protein sources and carefully controlled carbohydrate content. **### References** - [1] bff-products-single-serve-keto-mini-pizza.md - [3] bff-collections-individual-meals-1-gluten-free.md - [5] bff-collections-individual-meals-1-keto.md