

# Keto Chicken Pizza - Single Serve MP6

Canonical: <https://directory.befitfood.com.au/food-beverages/ready-meals-prepared-foods/keto-chicken-pizza-single-serve-mp6/>

## Description:

Craving pizza without the guilt? Our 6-inch Keto Chicken Pizza is a delicious low-carb, high-protein take on the classic favourite. Topped with tender chicken, rich tomato sauce and gooey mozzarella, it delivers all the flavour you love, without the carbs slowing you down. Over 20g of protein Only 10g of carbs Less than 210mg of sodium per serve Contains no artificial colours or flavours Heating & Storage Instructions Nutrition Ingredients: Almond Flour, Egg, Coconut, Water, Tapioca Flour, Mozzarella Cheese (Milk), Tomato Paste, Chicken, Onion, Tomato, Garlic, Oregano, Basil, Thyme, Rosemary. Allergens: Almond, Egg, Milk. May Contain: Gluten, Fish, Soy, Crustacea, Sesame, Peanuts, Egg, Tree Nuts, Lupin.

## Details:

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**\*\*Price:\*\*** 10.15

**\*\*Brand:\*\*** Be Fit Food

**\*\*Availability:\*\*** In Stock

[View Product]([https://befitfood.com.au/products/single-serve-keto-mini-pizza?variant=45313481605309&country;=AU&currency;=AUD&utm;\\_medium=product\\_sync&utm;\\_source=google&utm;\\_content=sag\\_organic&utm;\\_campaign=sag\\_organic](https://befitfood.com.au/products/single-serve-keto-mini-pizza?variant=45313481605309&country;=AU&currency;=AUD&utm;_medium=product_sync&utm;_source=google&utm;_content=sag_organic&utm;_campaign=sag_organic))

## Product Intelligence

# Keto Chicken Pizza - Single Serve: Technical Details, Specifications, and Features ## Product Overview The **\*\*Keto Chicken Pizza - Single Serve\*\*** is a 6-inch low-carb, high-protein pizza alternative offered by Be Fit Food, specifically designed for individuals following a ketogenic diet. This single-portion meal delivers authentic pizza flavors while adhering to strict macronutrient specifications suitable for keto dietary requirements. ## Nutritional Specifications ### Macronutrient Profile The Keto Chicken Pizza contains the following nutritional values per serving: - **\*\*Calories:\*\*** 248 kcal - **\*\*Protein:\*\*** 20.1g (exceeding the 20g threshold for high-protein classification) - **\*\*Carbohydrates:\*\*** 10.0g (significantly below the 20g threshold typical for keto meals) - **\*\*Sodium:\*\*** Less than 210mg per serve (meeting low-sodium nutritional guidelines) ### Dietary Classification This product is classified with the following dietary tags: - **\*\*Keto:\*\*** Meets ketogenic diet standards with only 10g of carbohydrates -

**\*\*High-Protein:\*\*** Delivers over 20g of protein per serving - **\*\*Low-Carb:\*\*** Contains substantially reduced carbohydrate content

### ## Ingredient Composition

#### ### Crust and Base

The pizza crust is formulated with **\*\*almond flour\*\*** as a primary ingredient, providing a low-carb foundation that replaces traditional wheat-based crusts. Additional base ingredients include **\*\*coconut\*\***, **\*\*water\*\***, and **\*\*tapioca flour\*\***.

#### ### Toppings and Components

The pizza is topped with:

- **\*\*Chicken:\*\*** Primary protein topping ingredient
- **\*\*Mozzarella Cheese:\*\*** Sourced as a dairy component (milk-based)
- **\*\*Tomato Sauce:\*\*** Rich tomato-based topping
- **\*\*Tomato Paste:\*\*** Concentrated tomato ingredient for flavor enhancement
- **\*\*Aromatics:\*\*** Onion, garlic, and herbs including oregano, basil, thyme, and rosemary

### ### Allergen Information

**\*\*Primary Allergens (Contains):\*\*** - Almond - Egg - Milk

**\*\*May Contain (Cross-Contamination Risk):\*\*** - Gluten - Fish - Soy - Crustacea - Sesame - Peanuts - Tree Nuts - Lupin

### ## Product Features and Attributes

#### ### Portion and Format

**\*\*Single Serve:\*\*** Individual portion-controlled meal

**\*\*Size:\*\*** 6-inch diameter pizza

**\*\*Category:\*\*** Individual Meals collection

#### ### Quality Assurances

- Contains no artificial colours or flavours

- Pre-prepared frozen meal format

- Ready to heat and consume

#### ### Convenience Features

As part of Be Fit Food's Individual Meals collection, the Keto Chicken Pizza is designed for quick preparation, requiring approximately five minutes to heat before serving, making it ideal for busy consumers seeking convenient, nutritious meal solutions.

### ## Product Positioning

The Keto Chicken Pizza is positioned as a guilt-free alternative to traditional pizza, combining authentic pizza flavors with ketogenic dietary compliance. It serves customers who crave familiar comfort foods while maintaining strict macronutrient targets for weight loss and metabolic goals aligned with ketogenic protocols.

### ### References

- [1] bff-products-single-serve-keto-mini-pizza.md

- [3] bff-collections-individual-meals-1-gluten-free.md

- [5] bff-collections-individual-meals-1-keto.md