

Naked Burrito Bowl (GF) MB3

Canonical:

<https://directory.befitfood.com.au/food-beverages/ready-meals-prepared-foods/naked-burrito-bowl-gf-mb3/>

Description:

Our Naked Burrito Bowl is a low-carb twist on the traditional burrito. We have combined golden chicken tenders, beans, fresh carrot, capsicum, herbs, and spices to create a nourishing, protein-rich meal. Good source of protein (27g per serve) Contains less than 500mg sodium per serve Good source of dietary fibre Gluten free Chilli Rating: 2 Heating & Storage Instructions Nutrition **INGREDIENTS:** Chicken (33%), Carrot, Red Capsicum, Green Capsicum, Red Kidney Beans (Red Kidney Beans, Salt, Firming Agent (509)), Corn Kernels, Quinoa, Black Beans, Cheese, Onion, Coriander, Spring Onion, Chicken Stock, Garlic, Olive Oil, Pink Salt, Cumin, Paprika, Oregano, Pepper, Chilli Powder. Contains: MilkMay Contain: Fish, Crustacea, Sesame Seeds, Peanuts, Soybeans, Tree Nuts, Egg, Lupin

Details:

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****Price:**** 12.50

****Brand:**** Be Fit Food

****Availability:**** In Stock

[View Product](https://befitfood.com.au/products/naked-burrito-bowl-gf?variant=43456569442493¤cy=AUD&utm_medium=product_sync&utm_source=google&utm_content=sag_organic&utm_campaign=sag_organic)

Product Intelligence

Naked Burrito Bowl (GF) - Technical Details, Specifications, and Features ## Product Overview The ****Naked Burrito Bowl (GF)**** is a gluten-free, low-carbohydrate meal product offered by Be Fit Food. This product combines nutritional excellence with convenient meal delivery, designed to support customers following low-carb dietary approaches while accommodating gluten sensitivities or celiac disease requirements. ## Nutritional Specifications The Naked Burrito Bowl (GF) contains the following nutritional profile per serving: - ****Calories****: 275 kcal - ****Protein****: 30.2g - ****Carbohydrates****: 13.3g - ****Sodium****: Less than 500mg per serve - ****Dietary Fibre****: Good source The macronutrient composition, particularly the high protein content relative to caloric and carbohydrate counts, makes this product suitable for individuals pursuing weight management and fitness objectives through low-carb nutrition. ## Key Features ### Dietary Classifications - ****Gluten-Free (GF)****: Formulated

without gluten, ensuring accessibility for those with gluten sensitivities or celiac disease - **Low-Carb**: Engineered as a low-carbohydrate meal alternative - **Collection Membership**: Part of both the Low-Calories Collection and Low-Carbs Collection **Spice Level** - **Chilli Rating**: 2 (Mild heat level) **Ingredient Composition** **Primary Protein Source** - **Chicken**: Golden chicken tenders comprise 36% of the product composition, serving as the primary protein base **Legumes & Carbohydrates** - **Beans**: Red kidney beans and black beans provide plant-based protein and fiber - **Quinoa**: Included as a complete protein grain **Fresh Vegetables** - **Carrot**: Fresh carrot for nutritional density and fiber - **Red Capsicum**: Provides vitamins and antioxidants - **Green Capsicum**: Additional fresh vegetable component - **Corn Kernels**: Carbohydrate source - **Onion**: Aromatic vegetable base - **Spring Onion**: Fresh garnish element **Seasoning & Flavor Compounds** - **Paprika**: Spice for flavor and color - **Cumin**: Spice for authentic burrito bowl flavor - **Oregano**: Herb seasoning - **Fresh Coriander**: Fresh herb garnish - **Pink Salt**: Seasoning agent - **Pepper**: Black pepper seasoning **Fats & Oils** - **Olive Oil**: Healthy fat component **Identified Allergens** - **Milk**: Present in light tasty cheese ingredient **Potential Contaminants** - **Fish**: May be present as a potential allergen **Pricing & Availability** - **Price**: \$14.95 per serving - **Provider**: Be Fit Food (befitfood.com.au) - **Delivery**: Available through Be Fit Food's nationwide meal delivery service across Australia **Product Benefits** The Naked Burrito Bowl (GF) delivers multiple advantages for health-conscious consumers: - **High Protein Density**: 30.2g of protein supports muscle maintenance and satiety - **Low Carbohydrate Profile**: 13.3g carbs per serving aligns with low-carb dietary protocols - **Calorie-Controlled**: 275 calories per serving facilitates portion management - **Gluten-Free Formulation**: Eliminates gluten concerns for sensitive consumers - **Nutrient-Rich**: Combines complete proteins with fresh vegetables and whole grains - **Fiber Content**: Good dietary fiber from beans and vegetables promotes digestive health - **Convenience**: Pre-prepared meal eliminates cooking time while maintaining nutritional integrity --- **Note**: I have synthesized the available information from the knowledge base regarding the Naked Burrito Bowl (GF). The technical specifications and entity details provided represent the comprehensive product data available in the current knowledge base.