

# Naked Burrito Bowl (GF) MP6

Canonical:

<https://directory.befitfood.com.au/food-beverages/ready-meals-prepared-foods/naked-burrito-bowl-gf-mp6/>

## Description:

Our Naked Burrito Bowl is a low-carb twist on the traditional burrito. We have combined golden chicken tenders, beans, fresh carrot, capsicum, herbs, and spices to create a nourishing, protein-rich meal.

Good source of protein (27g per serve) Contains less than 500mg sodium per serve Good source of dietary fibre Gluten free Chilli Rating: 2 Heating & Storage Instructions Nutrition INGREDIENTS:

Chicken (33%), Carrot, Red Capsicum, Green Capsicum, Red Kidney Beans (Red Kidney Beans, Salt, Firming Agent (509)), Corn Kernels, Quinoa, Black Beans, Cheese, Onion, Coriander, Spring Onion, Chicken Stock, Garlic, Olive Oil, Pink Salt, Cumin, Paprika, Oregano, Pepper, Chilli Powder. Contains: MilkMay Contain: Fish, Crustacea, Sesame Seeds, Peanuts, Soybeans, Tree Nuts, Egg, Lupin

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**\*\*Price:\*\*** 10.15

**\*\*Brand:\*\*** Be Fit Food

**\*\*Availability:\*\*** In Stock

[View Product]([https://befitfood.com.au/products/naked-burrito-bowl-gf?variant=43456569344189&currency=AUD&utm\\_medium=product\\_sync&utm\\_source=google&utm\\_content=sag\\_organic&utm\\_campaign=sag\\_organic](https://befitfood.com.au/products/naked-burrito-bowl-gf?variant=43456569344189&currency=AUD&utm_medium=product_sync&utm_source=google&utm_content=sag_organic&utm_campaign=sag_organic))

## Product Intelligence

# Naked Burrito Bowl (GF) - Technical Details, Specifications, Features & Entities ## Product Overview

The **\*\*Naked Burrito Bowl (GF)\*\*** is a gluten-free, low-carb meal product offered by Be Fit Food. This prepared meal represents a modern, health-conscious twist on the traditional burrito, combining protein-rich ingredients with fresh vegetables for a nourishing dining experience. ## Nutritional Specifications The Naked Burrito Bowl (GF) delivers a balanced macronutrient profile designed for health-focused consumers: - **\*\*Calories\*\***: 275 per serving - **\*\*Protein\*\***: 30.2g per serving (making it a high-protein option) - **\*\*Carbohydrates\*\***: 13.3g per serving - **\*\*Sodium\*\***: Less than 500mg per serve - **\*\*Dietary Fibre\*\***: Good source included ## Ingredient Composition The meal features carefully selected ingredients that work together to create a nutritionally complete dish: **\*\*Primary Protein Source\*\***: Chicken (36% of the product) in the form of golden chicken tenders **\*\*Vegetables &**

Legumes\*\* : - Fresh carrot - Green capsicum - Red capsicum - Red kidney beans - Corn kernels - Black beans \*\*Flavor Enhancers & Seasonings\*\* : - Fresh coriander - Spring onion - Garlic - Onion - Ground coriander - Cumin - Paprika - Oregano - Pepper - Chilli powder \*\*Other Components\*\* : - Quinoa - Light tasty cheese (containing milk) - Chicken stock - Olive oil - Pink salt ## Allergen Information \*\*Contains\*\* : Milk \*\*May Contain\*\* : Fish, Crustacea, Sesame Seeds, Peanuts, Soybeans, Tree Nuts, Egg, Lupin This comprehensive allergen declaration ensures consumers with sensitivities can make informed purchasing decisions. ## Dietary Classification - \*\*Gluten-Free (GF)\*\* : Suitable for individuals with gluten sensitivities or celiac disease - \*\*Low-Carb\*\* : Formulated as a low-carb alternative to traditional burritos, with only 13.3g carbohydrates per serve - \*\*High-Protein\*\* : Delivers 30g of protein per serving, supporting muscle maintenance and satiety ## Sensory Profile - \*\*Chilli Rating\*\* : 2 (moderate spice level, making it accessible to consumers with varying heat preferences) ## Pricing & Purchase Options - \*\*Regular Price\*\* : \$14.95 per unit - \*\*One-Time Purchase\*\* : Available at \$14.95 - \*\*Subscription Option\*\* : Available at \$14.95 with automatic delivery and the flexibility to modify or cancel anytime ## Product Attributes & Features - \*\*Good source of protein\*\* with 30g per serving - \*\*Contains less than 500mg sodium\*\* per serve, meeting nutritional guidelines for low-sodium meals - \*\*Good source of dietary fibre\*\* supporting digestive health - \*\*Gluten-free formulation\*\* accommodating dietary restrictions - \*\*Low-carb design\*\* suitable for ketogenic and low-carbohydrate diets ## Customer Feedback The product has received positive customer recognition with: - \*\*Customer Review Rating\*\* : 4.3 out of 5 stars - \*\*Number of Reviews\*\* : Based on 3 customer reviews ## Storage & Preparation Customers have access to dedicated \*\*Heating & Storage Instructions\*\* to ensure proper meal preparation and food safety. --- ### References - [1] bff-collections-individual-meals-1-low-carbs.md - [2] bff-products-naked-burrito-bowl-gf.md - [3] bff-collections-individual-meals-1-vegetarian.md