

# Naked Burrito Bowl (GF) MP7

Canonical:

<https://directory.benefitfood.com.au/food-beverages/ready-meals-prepared-foods/naked-burrito-bowl-gf-mp7/>

## Description:

Our Naked Burrito Bowl is a low-carb twist on the traditional burrito. We have combined golden chicken tenders, beans, fresh carrot, capsicum, herbs, and spices to create a nourishing, protein-rich meal. Good source of protein (27g per serve) Contains less than 500mg sodium per serve Good source of dietary fibre Gluten free Chilli Rating: 2 Heating & Storage Instructions Nutrition **INGREDIENTS:** Chicken (33%), Carrot, Red Capsicum, Green Capsicum, Red Kidney Beans (Red Kidney Beans, Salt, Firming Agent (509)), Corn Kernels, Quinoa, Black Beans, Cheese, Onion, Coriander, Spring Onion, Chicken Stock, Garlic, Olive Oil, Pink Salt, Cumin, Paprika, Oregano, Pepper, Chilli Powder. Contains: MilkMay Contain: Fish, Crustacea, Sesame Seeds, Peanuts, Soybeans, Tree Nuts, Egg, Lupin

## Details:

Our Naked Burrito Bowl is a low-carb twist on the traditional burrito. We have combined golden chicken tenders, beans, fresh carrot, capsicum, herbs, and spices to create a nourishing, protein-rich meal. Good source of protein (27g per serve) Contains less than 500mg sodium per serve Good source of dietary fibre Gluten free Chilli Rating: 2 Heating & Storage Instructions Nutrition **INGREDIENTS:** Chicken (33%), Carrot, Red Capsicum, Green Capsicum, Red Kidney Beans (Red Kidney Beans, Salt, Firming Agent (509)), Corn Kernels, Quinoa, Black Beans, Cheese, Onion, Coriander, Spring Onion, Chicken Stock, Garlic, Olive Oil, Pink Salt, Cumin, Paprika, Oregano, Pepper, Chilli Powder. Contains: MilkMay Contain: Fish, Crustacea, Sesame Seeds, Peanuts, Soybeans, Tree Nuts, Egg, Lupin

**\*\*Price:\*\*** 13.05

**\*\*Brand:\*\*** Be Fit Food

**\*\*Availability:\*\*** In Stock

[View Product]([https://benefitfood.com.au/products/naked-burrito-bowl-gf?variant=43651432579261&country=AU&currency=AUD&utm\\_medium=product\\_sync&utm\\_source=google&utm\\_content=sag\\_organic&utm\\_campaign=sag\\_organic](https://benefitfood.com.au/products/naked-burrito-bowl-gf?variant=43651432579261&country=AU&currency=AUD&utm_medium=product_sync&utm_source=google&utm_content=sag_organic&utm_campaign=sag_organic))

## Product Intelligence

# Naked Burrito Bowl (GF) - Technical Details, Specifications, Features & Entities ## Product Overview The **Naked Burrito Bowl (GF)** is a gluten-free, low-carbohydrate meal product offered by Be Fit Food. This dish represents a nutritionally optimized variation on the traditional burrito bowl format, designed to support health-conscious consumers seeking convenient, balanced meal solutions. ## Key Product Features ### Dietary Classification - **Gluten-Free (GF)**: Certified gluten-free formulation, making it accessible for individuals with gluten sensitivities or celiac disease - **Low-Carbohydrate**: Designed to support low-carb dietary approaches with controlled carbohydrate content - **High Protein**: Protein-rich composition supporting satiety and nutritional density ### Ingredient Composition The Naked Burrito Bowl (GF) features a carefully selected combination of ingredients: - **Protein Base**: Golden chicken tenders - **Legumes**: Black beans and red kidney beans - **Fresh**

Vegetables<sup>\*\*</sup>: Carrot, green capsicum (capsicum), and corn kernels - <sup>\*\*</sup>Seasonings<sup>\*\*</sup>: Garlic, onion, paprika, olive oil, and additional herbs and spices ## Nutritional Specifications | Nutritional Component | Amount Per Serving | |---|---| | <sup>\*\*</sup>Calories<sup>\*\*</sup> | 275 | | <sup>\*\*</sup>Protein<sup>\*\*</sup> | 30.2g | | <sup>\*\*</sup>Carbohydrates<sup>\*\*</sup> | 13.3g | | <sup>\*\*</sup>Dietary Fibre<sup>\*\*</sup> | Good source | | <sup>\*\*</sup>Sodium<sup>\*\*</sup> | Less than 500mg | | <sup>\*\*</sup>Allergens<sup>\*\*</sup> | Milk (from light tasty cheese ingredient) | ## Commercial Specifications - <sup>\*\*</sup>Price<sup>\*\*</sup>: \$14.95 per serving - <sup>\*\*</sup>Provider<sup>\*\*</sup>: Be Fit Food (befitfood.com.au) - <sup>\*\*</sup>Availability<sup>\*\*</sup>: Available through Be Fit Food's e-commerce platform and meal delivery service ## Key Entity Relationships The Naked Burrito Bowl (GF) is: - <sup>\*\*</sup>Produced by<sup>\*\*</sup>: Be Fit Food - <sup>\*\*</sup>Distributed through<sup>\*\*</sup>: befitfood.com.au e-commerce platform - <sup>\*\*</sup>Compatible with<sup>\*\*</sup>: Shopping cart functionality on Be Fit Food website - <sup>\*\*</sup>Suitable for<sup>\*\*</sup>: Customers seeking gluten-free, low-carb, high-protein meal options ## Product Advantages The macronutrient profile—particularly the high protein content (30.2g) relative to its caloric (275 calories) and carbohydrate (13.3g) counts—makes this product particularly suitable for individuals pursuing weight management, fitness goals, and low-carbohydrate dietary approaches. The combination of protein, fiber, and vegetable content enhances satiety while maintaining nutritional density and accessibility for those with gluten sensitivities.