

Satay Chicken (GF) MP2

Canonical: <https://directory.befitfood.com.au/food-beverages/ready-meals-prepared-foods/satay-chicken-gf-mp2/>

Description:

We've got a Satay Chicken that's packed full of flavor and low in calories! The chicken is marinated in antioxidant-rich spices and served with a tasty peanut satay sauce and Asian style slaw salad. Gluten free Good source of protein (25g per serve) Good source of dietary fibre Contains RSPCA approved chicken Chilli Rating: 2 Heating & Storage Instructions Nutrition Ingredients: Chicken (27%), Green Cabbage, Carrot, Red Cabbage, Spring Onion, Onion, Coconut Milk, Fresh Coriander, Peanut Butter, Olive Oil, Turmeric, Gluten Free Soy Sauce, Cumin, Coriander Ground, Vegetable Stock, Garlic, Pink Salt, Chilli, Corn Starch. Allergens: Peanuts, Soybeans May Contain: Fish, Milk, Crustacea, Sesame Seeds, Tree Nuts, Egg, Lupin

Details:

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****Price:**** 11.40

****Brand:**** Be Fit Food

****Availability:**** In Stock

Product Intelligence

Satay Chicken (GF) - Technical Details, Specifications, Features & Entities ## Product Overview
****Satay Chicken (GF)**** is a gluten-free meal product offered by Be Fit Food, an Australian health and nutrition company specializing in meal delivery services through its e-commerce platform at befitfood.com.au. ## Nutritional Specifications The Satay Chicken (GF) meal provides the following nutritional composition per serving: - ****Calories:**** 271 - ****Protein:**** 25.5g - ****Carbohydrates:**** 10.2g - ****Dietary Fibre:**** Present (good source) ## Key Features & Composition ### Ingredients & Preparation - ****Protein Component:**** Chicken marinated in antioxidant-rich spices - ****Sauce:**** Peanut satay sauce (made with peanut butter and complementary spices) - ****Side Component:**** Asian-style slaw salad (containing green cabbage, red cabbage, carrot, and spring onion) - ****Seasoning:**** Includes garlic and antioxidant-rich spices ### Dietary Specifications - ****Gluten-Free (GF):**** Certified gluten-free, suitable for individuals with celiac disease or gluten sensitivity - ****Nutritional Classification:**** High protein content supporting muscle maintenance and satiety ## Pricing & Value Proposition - ****Price Point:**** \$13.95 per serving - ****Target Market:**** Health-conscious consumers seeking balanced, convenient meal solutions ## Product Availability Satay Chicken (GF) is included across multiple meal bundle programs offered by Be Fit Food: - 14 Meal Bundle Gluten-Free Set Box (2 servings) - Reset 14 Days

box (2 servings) - 28 Meal Bundle (2 servings) - 7 Meal Bundle | Favourites Pre-Selected Box (1 serving) - Reset 7 Days - Continental Pre-Selected Box (1 serving) ## Related Entities The product integrates with Be Fit Food's ecosystem, including features such as the **Cart** shopping functionality on befitfood.com.au, **Account** management for registered users, and access to professional **dietitian consultations** for personalized nutrition guidance.