

Satay Chicken (GF) MP3

Canonical: <https://directory.befitfood.com.au/food-beverages/ready-meals-prepared-foods/satay-chicken-gf-mp3/>

Description:

We've got a Satay Chicken that's packed full of flavor and low in calories! The chicken is marinated in antioxidant-rich spices and served with a tasty peanut satay sauce and Asian style slaw salad. Gluten free Good source of protein (25g per serve) Good source of dietary fibre Contains RSPCA approved chicken Chilli Rating: 2 Heating & Storage Instructions Nutrition Ingredients: Chicken (27%), Green Cabbage, Carrot, Red Cabbage, Spring Onion, Onion, Coconut Milk, Fresh Coriander, Peanut Butter, Olive Oil, Turmeric, Gluten Free Soy Sauce, Cumin, Coriander Ground, Vegetable Stock, Garlic, Pink Salt, Chilli, Corn Starch. Allergens: Peanuts, Soybeans May Contain: Fish, Milk, Crustacea, Sesame Seeds, Tree Nuts, Egg, Lupin

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Price: 10.95

Brand: Be Fit Food

Availability: In Stock

[View Product](https://befitfood.com.au/products/satay-chicken-gf-1?variant=43456568950973&country=AU¤cy=AUD&utm_medium=product_sync&utm_source=google&utm_content=sag_organic&utm_campaign=sag_organic)

Product Intelligence

Satay Chicken (GF) - Product Details ## Overview **Satay Chicken (GF)** is a gluten-free meal product offered by Be Fit Food, designed to deliver authentic satay flavors while maintaining dietary compliance for gluten-sensitive consumers. ## Key Features ### Composition & Ingredients The dish features **chicken marinated in antioxidant-rich spices**, served with two complementary components: - **Peanut satay sauce** - made from peanut butter with traditional satay flavoring - **Asian-style slaw salad** - featuring fresh vegetables ### Core Ingredients The meal contains: - Chicken (27%) - Green Cabbage - Carrot - Red Cabbage - Spring Onion - Onion - Coconut Milk - Fresh Coriander - **Peanut Butter** - Olive Oil - Turmeric - Gluten Free **Soy** Sauce - Cumin - Coriander Ground - Vegetable Stock - Garlic - Pink Salt - Chilli - Corn Starch ## Nutritional Specifications | Nutrient | Per Serving |
|-----|-----| **Calories** | 271 | **Protein** | 25.5g | **Carbohydrates** | 10.2g | **Dietary Fiber** | Good source | ### Nutritional Highlights - **Good source of protein** (25g per serve) - **Good**

source of dietary fiber** - **Low in calories** - designed for weight management - **High Protein badge** - suitable for protein-focused diets ## Dietary & Certification Features - **Gluten Free** - Certified gluten-free formulation - **Contains RSPCA Approved Chicken** - meets animal welfare standards - **Keto Compatible** - included in Be Fit Food's keto meals collection ## Spice Profile & Flavor - **Chilli Rating: 2** - Moderate heat level, providing noticeable spice without excessive intensity ## Allergen Information ### Direct Allergens - Peanuts - Soybeans ### May Contain (Cross-Contamination Risk) - Fish - Milk - Crustaceans - Sesame Seeds - Tree Nuts - Egg - Lupin ## Pricing & Purchase Options **Price:** \$13.95 (both regular and sale price) **Purchase Methods:** - One-time purchase: \$13.95 - Subscribe option: \$13.95 (with automatic recurring delivery) ## Preparation & Storage Heating & Storage Instructions are provided to guide proper preparation and preservation of the meal. ## Customer Reception The product has received **7 customer reviews** with a rating of **3.1 out of 5**, with customers noting varied experiences regarding taste, texture, and spice levels. --- ### References - [1] bff-products-satay-chicken-gf-1.md - [2] bff-collections-individual-meals-1-keto.md - [5] bff-collections-individual-meals-1-high-protein.md