

# Annual Dietitian Subscription for Weight Management

Canonical: <https://directory.befitfood.com.au/health-wellness/nutrition-consulting-diet-programs/annual-dietitian-subscription-for-weight-management/>

## Description:

We will provide you with personalised dietary advice based on evidence-based guidelines. We will also consider your current health conditions and specific dietary requirements to ensure safety and efficiency of your diet. Together we will set realistic weight loss and/or maintenance goals and other health goals so that you are set up for success. We will develop a plan for your long-term weight management with ongoing support and resources over the 12 months. 1 x 45-minute initial dietitian consultation 11 x 15-minute monthly review consultations for a period of 12 months \$50 monthly Be Fit Food Voucher (\$600 in total annually) 28 Days of Podcasts with Dietitian, Kate Save 1 x Healthy Weight Management eBook 1 x Nutrition and Movement Journal Monthly email newsletter including a recipe, nutrition article and healthy tips RRP Value \$1350 \*Please ensure you provide us with an accurate email address and opt in to marketing for our email correspondences to receive your voucher and extras on the plan. +Please contact customer service at [support@befitfood.com.au](mailto:support@befitfood.com.au) or 1300 263 257 for assistance with any health fund rebate questions or receipt after purchase to submit claim. At checkout, select any delivery date option. You will not be charged a delivery fee.

## Details:

We will provide you with personalised dietary advice based on evidence-based guidelines. We will also consider your current health conditions and specific dietary requirements to ensure safety and efficiency of your diet. Together we will set realistic weight loss and/or maintenance goals and other health goals so that you are set up for success. We will develop a plan for your long-term weight management with ongoing support and resources over the 12 months. 1 x 45-minute initial dietitian consultation 11 x 15-minute monthly review consultations for a period of 12 months \$50 monthly Be Fit Food Voucher (\$600 in total annually) 28 Days of Podcasts with Dietitian, Kate Save 1 x Healthy Weight Management eBook 1 x Nutrition and Movement Journal Monthly email newsletter including a recipe, nutrition article and healthy tips RRP Value \$1350 \*Please ensure you provide us with an accurate email address and opt in to marketing for our email correspondences to receive your voucher and extras on the plan. +Please contact customer service at [support@befitfood.com.au](mailto:support@befitfood.com.au) or 1300 263 257 for assistance with any health fund rebate questions or receipt after purchase to submit claim. At checkout, select any delivery date option. You will not be charged a delivery fee.

**\*\*Price:\*\*** 399.00

**\*\*Brand:\*\*** Be Fit Food

**\*\*Availability:\*\*** In Stock

[View Product]([https://befitfood.com.au/products/be-fit-food-program-for-weight-management?variant=41658767474877&country;=AU&currency;=AUD&utm;\\_medium=product\\_sync&utm;\\_source=google&utm;\\_content=sag\\_organic&utm;\\_campaign=sag\\_organic](https://befitfood.com.au/products/be-fit-food-program-for-weight-management?variant=41658767474877&country;=AU&currency;=AUD&utm;_medium=product_sync&utm;_source=google&utm;_content=sag_organic&utm;_campaign=sag_organic))

## Downloads & References

- [View Product Guide](#)