

Sunset Crush Protein Smoothie (VG) MB3

Canonical: <https://directory.benefitfood.com.au/health-wellness/protein-supplements-nutritional-drinks/sunset-crush-protein-smoothie-vg-mb3/>

Description:

Enjoy our low carb, high protein smoothie, wholefood vegan smoothie designed in collaboration with Finn Cold Press. Made from fresh mango, orange juice, passionfruit, and pea protein this delicious smoothie is perfect to start your day & keep you satisfied. 20g protein 18g carbs Vegan Less than 250 calories Contains no artificial colours & flavours Serving Instructions Nutrition Ingredients: Mango, Orange, Passionfruit, Pea Protein (5.8%). Allergens: May Contain Peanuts, Tree nuts, Milk, Sesame Seeds Manufactured in a facility where equipment also processes nuts, seeds, soy and wheat.

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Price: 12.50

Brand: Be Fit Food

Availability: In Stock

[View Product](https://benefitfood.com.au/products/sunset-crush-smoothie-gf-vg?variant=43491777740989&country;=AU¤cy;=AUD&utm;_medium=product_sync&utm;_source=google&utm;_content=sag_organic&utm;_campaign=sag_organic)

Product Intelligence

Sunset Crush Protein Smoothie (VG) - Technical Details & Specifications ## Product Overview The **Sunset Crush Protein Smoothie (VG)** is a vegan protein smoothie product offered by Be Fit Food, formulated as a convenient, nutritionally balanced beverage designed for plant-based dietary preferences and fitness-conscious consumers. ## Nutritional Specifications The smoothie delivers the following macronutrient profile per serving: - **Calories:** 192 - **Protein:** 20.2 grams - **Carbohydrates:** 17.8 grams These specifications position the product as a **high-protein, low-carbohydrate** option suitable for individuals pursuing muscle maintenance, recovery, and weight management objectives. ## Key Product Features ### Dietary Attributes - **Vegan:** Completely plant-based with no animal-derived ingredients - **Gluten-Free:** Safe for individuals with gluten sensitivities or celiac disease - **Low-Carb Formulation:** Contains only 17.8g carbohydrates per serving - **High-Protein Content:** Delivers 20.2g protein per serving ### Ingredient Profile The smoothie is crafted from **wholefood ingredients**, featuring: - **Fresh Mango** - Primary fruit component - **Fresh Orange** - Secondary fruit component - **Pea Protein** - Plant-based protein

source (5.8% composition) - Additional wholefood ingredients complementing the fruit base ###
Manufacturing Considerations The product is manufactured in a facility where equipment also
processes: - Seeds - Nuts - Soy - Wheat ## Pricing & Availability - **Price:** \$9.95 per serving -
Availability Status: Currently restocking ## Customer Reception The product has received positive
customer reviews, with verified buyers noting: - Perfect consumption after workouts - Fruit slushie
texture when consumed frozen - Suitable for breakfast or lunch occasions - Tasty and enjoyable flavor
profile ### Notable Customer Feedback Multiple verified customers, including Jasmine, Kellie,
Anne-Marie P., Penny V., and Shanae, have praised the smoothie for its flavor, post-workout suitability,
and convenient format. ## Product Classification The Sunset Crush Protein Smoothie (VG) is
categorized within Be Fit Food's broader product ecosystem as: - A breakfast meal option - Part of the
high-protein product collection - Featured within low-carb product ranges - A low-calorie beverage
option --- ### References - [1] bff-collections-individual-meals-1-high-protein.md - [3]
bff-collections-individual-meals-1-low-carbs.md - [5] bff-collections-individual-meals-1-low-calories.md