

Sunset Crush Protein Smoothie (VG) MP5

Canonical: <https://directory.befitfood.com.au/health-wellness/protein-supplements-nutritional-drinks/sunset-crush-protein-smoothie-vg-mp5/>

Description:

Enjoy our low carb, high protein smoothie, wholefood vegan smoothie designed in collaboration with Finn Cold Press. Made from fresh mango, orange juice, passionfruit, and pea protein this delicious smoothie is perfect to start your day & keep you satisfied. 20g protein 18g carbs Vegan Less than 250 calories Contains no artificial colours & flavours Serving Instructions Nutrition Ingredients: Mango, Orange, Passionfruit, Pea Protein (5.8%). Allergens: May Contain Peanuts, Tree nuts, Milk, Sesame Seeds Manufactured in a facility where equipment also processes nuts, seeds, soy and wheat.

Details:

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Price: 12.75

Brand: Be Fit Food

Availability: In Stock

[View Product](https://befitfood.com.au/products/sunset-crush-smoothie-gf-vg?variant=43491777904829&country=AU¤cy=AUD&utm_medium=product_sync&utm_source=google&utm_content=sag_organic&utm_campaign=sag_organic)

Product Intelligence

Sunset Crush Protein Smoothie (VG) - Technical Details, Specifications, and Features ## Product Overview The **Sunset Crush Protein Smoothie (VG)** is a premium vegan protein smoothie offered by Be Fit Food, designed as a convenient, nutritionally balanced beverage for health-conscious consumers seeking plant-based protein options. ## Nutritional Specifications The smoothie delivers the following nutritional profile per serving: - **Calories:** 192 - **Protein:** 20.2g - **Carbohydrates:** 17.8g These specifications position it as a high-protein, low-carbohydrate option suitable for various dietary goals. ## Key Features ### Dietary Classifications - **Vegan (VG):** Formulated entirely from plant-based ingredients with no animal-derived products - **Gluten-Free:** Safe for individuals with gluten sensitivities or celiac disease - **High Protein:** Contains 20.2g of protein per serving, supporting muscle maintenance and recovery - **Low Carbohydrate:** With only 17.8g of carbs, it aligns with low-carb dietary approaches ### Ingredient Composition The smoothie is crafted from wholefood ingredients featuring: - **Fresh Mango:** Primary fruit ingredient providing natural sweetness and nutrients - **Fresh Orange:** Citrus component contributing flavor and vitamin content -

Pea Protein: Plant-based protein source at 5.8% composition, ensuring complete amino acid profile

Passionfruit: Additional fruit ingredient enhancing flavor complexity

Manufacturing and Allergen Information

The product is manufactured in facilities where shared equipment processes: - Seeds - Nuts - Wheat - Soy

Potential Allergens: Peanuts, Tree Nuts, Sesame Seeds, and Milk may be present due to cross-contamination risks.

Pricing and Availability

Regular Price: \$9.95 per serving

Availability: Available for individual purchase through Be Fit Food's e-commerce platform at befitfood.com.au

Product Classification

The Sunset Crush Protein Smoothie (VG) is categorized within Be Fit Food's product collections including: - High Protein products - Low Carb products - Low Calorie products - Gluten-Free options - Vegan/Plant-Based offerings

Customer Reception

The product has received positive customer reviews, with verified buyers praising its taste, texture, and suitability for post-workout consumption and breakfast/lunch occasions.

References

[1] [bff-collections-individual-meals-1-vegetarian.md](#)

[2] [bff-collections-individual-meals-1-high-protein.md](#)

[3] [bff-collections-individual-meals-1-low-carbs.md](#)