

Sunset Crush Protein Smoothie (VG) RRP

Canonical: <https://directory.befitfood.com.au/health-wellness/protein-supplements-nutritional-drinks/sunset-crush-protein-smoothie-vg-rrp/>

Description:

Enjoy our low carb, high protein smoothie, wholefood vegan smoothie designed in collaboration with Finn Cold Press. Made from fresh mango, orange juice, passionfruit, and pea protein this delicious smoothie is perfect to start your day & keep you satisfied. 20g protein 18g carbs Vegan Less than 250 calories Contains no artificial colours & flavours Serving Instructions Nutrition Ingredients: Mango, Orange, Passionfruit, Pea Protein (5.8%). Allergens: May Contain Peanuts, Tree nuts, Milk, Sesame Seeds Manufactured in a facility where equipment also processes nuts, seeds, soy and wheat.

Details:

Enjoy our low carb, high protein smoothie, wholefood vegan smoothie designed in collaboration with Finn Cold Press. Made from fresh mango, orange juice, passionfruit, and pea protein this delicious smoothie is perfect to start your day & keep you satisfied. 20g protein 18g carbs Vegan Less than 250 calories Contains no artificial colours & flavours Serving Instructions Nutrition Ingredients: Mango, Orange, Passionfruit, Pea Protein (5.8%). Allergens: May Contain Peanuts, Tree nuts, Milk, Sesame Seeds Manufactured in a facility where equipment also processes nuts, seeds, soy and wheat.

Price: 9.95

Brand: Be Fit Food

Availability: In Stock

[View Product](https://befitfood.com.au/products/sunset-crush-smoothie-gf-vg?variant=38105860276413&country;=AU¤cy;=AUD&utm;_medium=product_sync&utm;_source=google&utm;_content=sag_organic&utm;_campaign=sag_organic)

Product Intelligence

Sunset Crush Protein Smoothie (VG): Technical Details & Specifications ## Product Overview The **Sunset Crush Protein Smoothie (VG)** is a vegan protein smoothie offered by Be Fit Food, specifically designed as a low-carbohydrate, high-protein beverage that combines plant-based nutrition with convenient meal solutions. ## Nutritional Information The smoothie delivers a balanced nutritional profile per serving: | Nutrient | Amount | |-----|-----| | **Calories** | 192 | | **Protein** | 20.2g | | **Carbohydrates** | 17.8g | This composition positions it as an effective protein supplement that supports muscle maintenance and recovery while maintaining relatively moderate calorie and carbohydrate levels, making it suitable for those pursuing fitness and wellness goals. ## Key Features & Characteristics ### Dietary Attributes - **Vegan (VG)**: Contains no animal-derived ingredients, making it suitable for plant-based dietary preferences - **Gluten-Free**: Accessible to individuals with gluten sensitivities or celiac disease - **Low-Carb**: With only 17.8g carbohydrates per serving, it aligns with low-carbohydrate dietary approaches - **High-Protein**: Contains 20.2g of protein, making it an excellent post-workout or breakfast option ### Ingredient Profile The smoothie is formulated using

wholefood ingredients including: - **Fresh Mango**: Provides natural sweetness and nutritional content - **Fresh Orange**: Contributes citrus flavor and vitamin content - **Pea Protein**: Serves as the primary plant-based protein source (5.8% composition), offering a complete amino acid profile - **Other plant-based ingredients**: Crafted to deliver comprehensive nutritional value **### Allergen Information** The Sunset Crush Protein Smoothie is manufactured in a facility where equipment also processes: - **Nuts** - **Seeds** - **Soy** - **Wheat** **## Pricing** **Retail Price (RRP)**: **\$9.95** per serving **## Customer Reception** The product has received positive customer feedback, with verified buyers praising its characteristics: - **Taste Profile**: Described as sweet, tangy, and delicious with well-integrated pea protein - **Texture**: Notable for providing a fruit slushie-like texture when consumed frozen - **Usage**: Perfect for post-workout consumption and suitable for breakfast or lunch occasions - **Convenience**: Easy to incorporate into daily nutrition routines **## Product Classification** The Sunset Crush Protein Smoothie (VG) is categorized within Be Fit Food's: - **High-Protein Products** collection - **Low-Carb Products** collection - **Vegan Products** collection - **Breakfast Items** category This positioning reflects its suitability as a premium nutritional beverage that accommodates multiple dietary preferences while delivering substantial nutritional benefits. **###**

References - [1] bff-collections-individual-meals-1-low-carbs.md - [2] bff-collections-individual-meals-1-high-protein.md - [6] bff-collections-individual-meals-low-calories.md - [8] bff-collections-individual-meals-gluten-free.md