

# Super Green Protein Smoothie (VG) MB2

Canonical: <https://directory.befitfood.com.au/health-wellness/protein-supplements-nutritional-drinks/super-green-protein-smoothie-vg-mb2/>

## Description:

Enjoy our low carb, high protein, wholefood vegan smoothie designed in collaboration with Finn Cold Press. Made from fresh green vegetables, fruit & mint - this delicious smoothie will be the perfect start to your day & will keep you full and satisfied. Made from apples, kiwi & pineapple - this delicious smoothie will be the perfect start to your day & will keep you full and satisfied. 18g of protein Only 18g of carbs Vegan Less than 185 calories Contains no artificial colours and flavours Serving Instructions Nutrition Ingredients: Apple, Cucumber, Kiwi, Pineapple, Zucchini, Faba Bean Protein (7%), Broccoli, Spinach, Kale, Mint. Allergens: May Contain Peanuts, Tree nuts, Milk, Sesame Seeds

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**Price:** 13.20

**Brand:** Be Fit Food

**Availability:** In Stock

[View Product]([https://befitfood.com.au/products/super-green-protein-smoothie-gf-vg?variant=43491778265277&country;=AU&currency;=AUD&utm;\\_medium=product\\_sync&utm;\\_source=google&utm;\\_content=sag\\_organic&utm;\\_campaign=sag\\_organic](https://befitfood.com.au/products/super-green-protein-smoothie-gf-vg?variant=43491778265277&country;=AU&currency;=AUD&utm;_medium=product_sync&utm;_source=google&utm;_content=sag_organic&utm;_campaign=sag_organic))

## Product Intelligence

# Super Green Protein Smoothie (VG) - Technical Details, Specifications, and Features ## Product Overview The **Super Green Protein Smoothie (VG)** is a vegan protein smoothie offered by Be Fit Food, designed as a plant-based breakfast beverage that combines nutritional excellence with wholefood ingredients. This smoothie is specifically formulated to meet the needs of health-conscious consumers seeking low-carbohydrate, high-protein options aligned with vegan dietary preferences. ## Nutritional Specifications The Super Green Protein Smoothie (VG) delivers comprehensive nutritional support per serving: - **Calories:** 183 calories - **Protein:** 18.4 grams - **Carbohydrates:** 18.2 grams These macronutrient specifications position the smoothie as an effective protein supplement that supports muscle maintenance and recovery while remaining moderate in carbohydrate content, making it particularly suitable for individuals following low-carb dietary approaches. ## Key Features and Attributes **Dietary Classifications:** - **Vegan (VG):** Certified vegan with no animal-derived

ingredients - **Gluten-Free:** Suitable for individuals with gluten sensitivities or celiac disease - **Low-Carb:** Formulated with only 18.2g carbohydrates per serving - **High-Protein:** Contains 18.4g protein to support muscle maintenance **Ingredient Composition:** The smoothie is crafted from wholefood ingredients including: - Fresh green vegetables (kale, broccoli, zucchini) - Fresh fruit (pineapple) - Mint herb flavoring - Plant-based protein source **Pricing and Availability** The Super Green Protein Smoothie (VG) is priced at **\$9.95 per serving**, offering a convenient and cost-effective option for consumers seeking plant-based protein beverages. **Product Positioning** Be Fit Food positions this smoothie as part of its comprehensive range of **high-protein, low-carb breakfast items** designed to kickstart metabolism and support daily energy levels. The product is integrated into the company's broader smoothie product line, which includes complementary vegan options such as the Sunset Crush Protein Smoothie. --- **References** - [1] [bff-collections-individual-meals-gluten-free.md](#) - [2] [bff-collections-individual-meals-1-high-protein.md](#) - [3] [bff-collections-individual-meals-1-low-calories.md](#) - [5] [bff-collections-individual-meals-1-low-carbs.md](#)